fiESTA!

Bridging the Past and Future of String Pedagogy

EUROPEAN STRING TEACHERS ASSOCIATION
ESTA

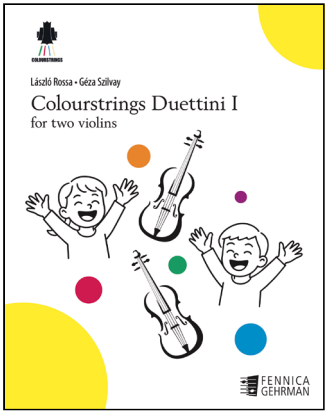
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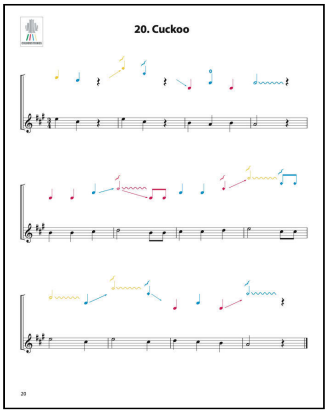
54th INTERNATIONAL ESTA CONFERENCE
26.–30.8.2026 HELSINKI, FINLAND

CONFERENCE PROGRAMME
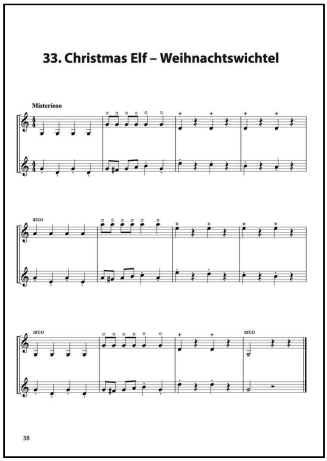
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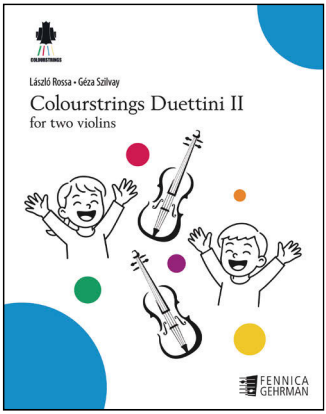


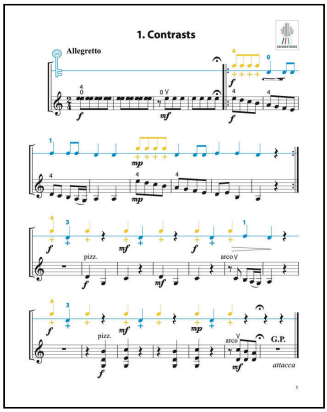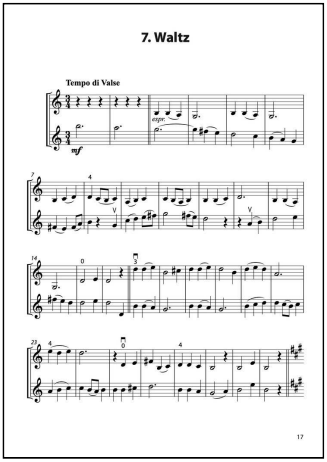


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Colourstrings Duettini II
(18 duos, 53 pages) (2026)
invite the child to play with peers, friends or teacher from the very first lesson.

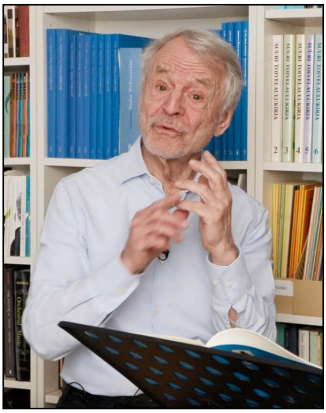


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- Géza Szilvay

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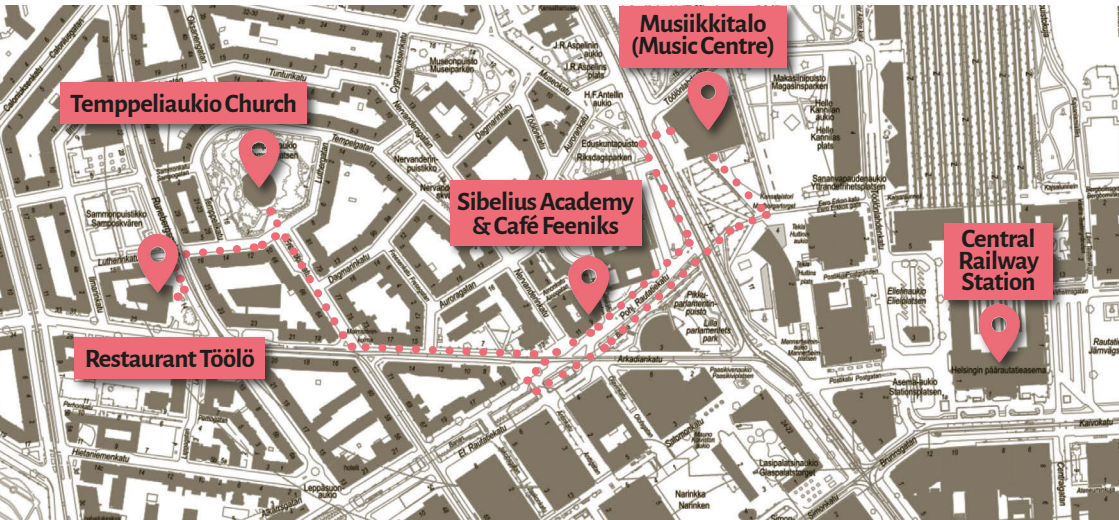
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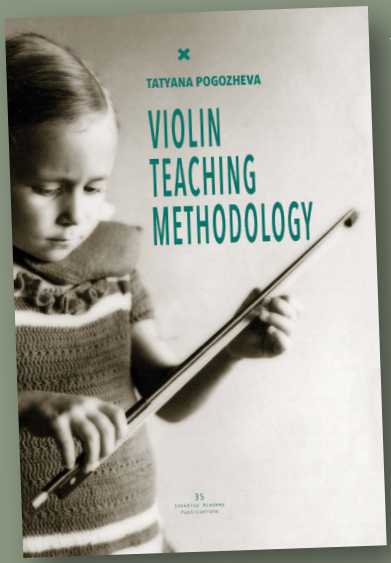
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What are the challenges and most important duties of a teacher when teaching the violin? What is the significance of the first meeting between the teacher and the student? How do you teach the technical skills of the left and the right hand systematically and correctly, and what is the importance of scales and études? How can you avoid physical and psychological stress during lessons? How do you train the ear and, consequently, intonation? How can you make sensible repertoire choices at different levels of studies and prepare students for performances? And finally, how can you support the growth of a young student in becoming a genuinely inspired and expressive musician?

In this book, Russian violin pedagogue Tatyana Pogozheva answers these and many other fundamental questions of violin teaching in her in-depth style. Although *Violin Teaching Methodology* was written in Moscow in 1966, its content is largely timeless and serves as a tool for 21st-century violin teachers and pedagogue students.

"Your violin must sing!" That is what Tatyana often said to her young students at the Oulu Music Institute and music camps in Finland. The pages of this book provide practical tips and techniques to make this wish a reality.

Sibelius Academy Publication No. 35 is downloadable for free at Arts University´s Digital Library, taju.uniarts.fi

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Dear Colleague,

Welcome to Finland, welcome to the land of Kalevala! Kalevala is the national epic of the Finns, and it is equal in age to Homer's Ilias and Odyssey (7th or 8th century BC). Both are compilations of epic poetry, and both were passed down orally for many long centuries before being written down. While the Odyssey is considered one of the earliest works of Western literature, Kalevala was instrumental in the development of the Finnish national identity and the intensification of the Finnish language that ultimately led to Finland's independence.

The remarkable feature of this Finnish mythology is that the poetry was sung. These runic songs were performed by a duo, each singer singing alternate verses or group of verses. It was like an antiphonic performance. The singers were often accompanied by a kantele* player.

No wonder that such a cultural heritage inspired and motivated Finnish artists: writers, painters, composers up to the present day.

Scores of masterpieces, records and films of great performances immortalize these ancient songs, but with a sensitive ear for music one can still hear the mystical melodies while walking in the Nordic woods.

The granddaughters of Sibelius often spent their vacation at the house of the composer. When they came home after playing games in the nearby woods, their grandfather asked them "What did you hear in the woods?" "Nothing Grandpa" they answered. "Go back and listen more carefully" advised the master.

Dear Participant,

Please remember to organize your itinerary in Finland, so that after the concerts, workshops and presentations you can also enjoy free time to visit the Finnish woods. The melodies of archaic tunes are lingering there. Listen to them!



Géza Szilvay
President,
European String Teachers Association ESTA

*Kantele, plucked string instrument

Back to the Basics

I think we all agree that what we learn young stays with us the rest of our lives. This applies also to teaching the violin: what better and systematically we are trained from the very first lessons on, the better. All kinds of physical and psychological challenges are existing yet many of them can be minimized by improving the quality of the elementary teaching.

I am very excited to have so many wonderful visitors and experts from many countries sharing their advice and tools in our FiESTA! conference in Helsinki! No matter if we teach beginners or university level students, we all need understanding the basic functions of playing the instrument as well as understanding the intuition, inspiration and individual differences of each student we have the privilege to work with. Also, with the master's level of students, we often need to go back to the basics to achieve the pleasure to interpret music with utmost freedom.

When I take up my bow, I feel the pleasant muscular memory of how I was taught by my first wonderful teacher Tatyana Pogozheva to find the feather like lightness by exercising the grip with the pencil for weeks before applying the same feeling using the bow. As well I recall the most kind and sweet smile of my teacher of Sibelius Academy prof. Anja Ignatius, herself student of Carl Flesch and Otakar Ševčík. She was the first Finnish violinist to record the Sibelius concerto, and I always cherish my lessons on that concerto with her. Mrs. Ignatius was establishing the ESTA Finland in 1975 together with prof. Arto Noras and prof. Tuomas Haapanen.

Today we are most luckily surrounded by new generation of very skilful and sensitive teachers who are motivated to develop our profession further. I am very much looking forward to listening to their lectures and workshops and having the possibilities to interact and share with each other's.



Photo: Johanna Kare

On behalf of the Finnish ESTA, I like to invite you all warmly to join the FiESTA!

Päivyt Meller
President, ESTA Finland
SJO—Suomen Jousisoitinopettajat ry

Dear participants of the ESTA Conference 2026,

It is my sincere pleasure to welcome the 54th European string teachers association conference to Finland and to our beautiful capital of Helsinki!

Helsinki is a city of arts and culture. We are especially proud to be the home of multiple world class orchestras who specialize in classical music, jazz, or baroque music. Our array of concert halls hosts numerous concerts every year from full-scale orchestras to other fascinating musical performances. We are determined to make sure that music and arts are accessible to everyone in Helsinki.

Our passion for music and culture can be also seen in our education in Helsinki. Our Sibelius-lukio upper secondary school is the top school in Finland when it comes to teaching music and has been granted a special educational task in music by the Ministry of education. When it comes to higher education, we are proud to have the university of Arts here in Helsinki. Just a few months ago the city of Helsinki and the university of arts signed a new partnership agreement for the first time to deepen our cooperation – a signal of Helsinki's dedication to being a capital of arts and music.

I am extremely proud to have the opportunity to serve as the patron of this year's ESTA conference. I hope that your time in Helsinki will bring you new connections, fresh ideas, and inspiration to your work with music and education.

Hopefully you will also have time to explore the city during your stay here. I am certain that Helsinki will provide you with unforgettable moments and memories.

I want to wish you all a great and inspiring conference here in Helsinki!

Daniel Sazonov
Mayor of Helsinki
Patron of the ESTA Conference



Photo: Sakari Röyskö

Dear colleagues and friends, Dear ambassadors of skill and art, builders of the future,

It is a great pleasure to welcome you to Helsinki, to the Sibelius Academy and to the 54th International ESTA Conference.

I believe that teaching the arts is among the most important forms of future work we can do. It's passing on centuries of knowledge and tradition and doing it so for a future we cannot yet know. Every time a teacher helps someone to listen more closely, master a skill, find their own artistic voice or imagine something new and amazing, that future takes shape.

Thank you for this immensely important work, and for carrying it forward to the generations that come after us. You also carry our artistic heritage forward while giving each new generation the freedom to make it their own.

I wish you a wonderful conference full of new and inspiring ideas, meaningful encounters, and renewed energy for the important work of shaping the future.

Photo: Pia Pettersson



Kaisa Rönkkö
Dean
Sibelius Academy,
Uniarts Helsinki



The Sibelius Monument in Sibelius Park in Töölö, Helsinki. Created by sculptor Eila Hiltunen (1922–2003) and unveiled in 1967, the monument consists of 569 acid-resistant stainless steel pipes and a high-relief figurative portrait of Sibelius.

Wednesday

Wednesday, 26 August, 2026

11:00

11:00– GENERAL PROGRAMME

Registration

Sibelius Academy, Konserttisali Foyer (11–13:00) & Entrance Lobby (13:00–)

13:00

13:00–13:30 GENERAL PROGRAMME

Opening – Welcome to Fiesta!

Sibelius Academy, Konserttisali

Päivyt Meller, Géza Szilvay, Folke Gräsbeck & young cellists

13:30

13:30–14:30 KEYNOTE

Thriving Young Musicians: Autonomy, Mastery and Care

Sibelius Academy, Konserttisali

Gary E. McPherson & Guadalupe López-Íñiguez

14:30

14:30–15:30 PANEL DISCUSSION

Bridging the Past and Future of String Pedagogy

Sibelius Academy, Konserttisali

Kaisa J. Vähi (moderator), Mimi Zweig, Yvonne Frye, Géza Szilvay, Cecilia Zilliacus, Erkki Lahesmaa & Stella Forssell (student)

15:30

15:30–16:00 GENERAL PROGRAMME

Coffee – offered by ESTA Finland & Showcase Exhibitors

Sibelius Academy, Main Lobby & Pikkusali

– Come and have a cup of coffee, mingle with fellow participants and meet the exhibitors

16:00

16:00–17:00 KEYNOTE

From Foundation to Artistic Freedom: String Teaching Evolves

Sibelius Academy, Konserttisali

Mimi Zweig

18:00

18:00–18:50 CONCERT

City reception & moment of Finnish music – sponsored by City of Helsinki & D'Addario

Musiikkitalo, Lower Foyer

Adrián Ibáñez-Resjan, violin & Alicia Ibáñez-Resjan, piano

Wednesday, 26 August, 2026

19:00

19:00–21:00 CONCERT

Sibelius Academy Symphony Orchestra
Musiikkitalo, Concert Hall

Sibelius Academy Symphony Orchestra
Susanna Mälkki, conductor
The concert is part of Helsinki Festival programme

21:30

21:30–23:00 JAM SESSION

Jam Session "Evening of Celtic Magic" –sponsored by D´Addario
Art Café Feeniks

Session host & violin: Laura Airola
Lauri Häme, concertina & banjo

Original 1930 facade drawing of the Helsinki Conservatory (now the Sibelius Academy R Building) by architect Eino Forsman. Photo: Helsinki City Archives



Wednesday, 26 August / 13:00–13:30

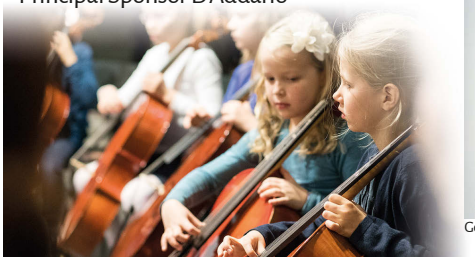
GENERAL PROGRAMME

Opening – Welcome to Fiesta!

Sibelius Academy, Konserttisali

Päivyt Meller, Géza Szilvay, Folke Gräsbeck & young cellists

Special thanks to ESTA 2026 Principal Sponsor D'Addario





Päivyt Meller
Photo: Johanna Kare



Géza Szilvay



Folke Gräsbeck
Photo: Veli-Pekka Väisänen

Wednesday, 26 August / 13:30–14:30

KEYNOTE

Thriving Young Musicians: Autonomy, Mastery and Care

Sibelius Academy, Konserttisali

Gary E. McPherson & Guadalupe López-Íñiguez



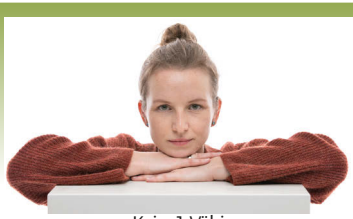
Our joint keynote explores how young musicians thrive when their overall wellbeing and musical development are nurtured holistically. We aim to demonstrate the transformative power of self-regulated learning, empowering students to direct their own practice and ignite their motivation, resilience, and creativity. Just as crucial, we will examine how care ethics inspires teachers, parents, and institutions to balance high expectations with empathy, safety, and respect for each child's uniqueness. Drawing on global research and our practical expertise, we will illustrate how these dynamic approaches fuel the growth not just of gifted students, but of all young musicians. Join us for evidence-based strategies and uplifting insights to help you create classrooms where mastery, autonomy, and care unite—and every young musician can flourish.

Wednesday, 26 August / 14:30–15:30

PANEL DISCUSSION

Bridging the Past and Future of String Pedagogy

Sibelius Academy, Konserttisali



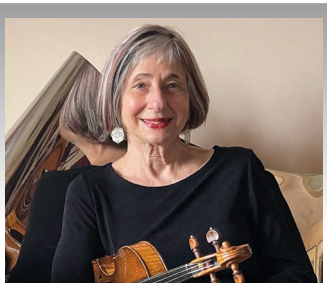
Kaisa J. Vähi

Kaisa J. Vähi (moderator),
Mimi Zweig, Yvonne Frye, Géza Szilvay, Cecilia Zilliacus,
Erkki Lahesmaa & Stella Forssell (student)

Wednesday, 26 August / 16:00–17:00 KEYNOTE

From Foundation to Artistic Freedom: String Teaching Evolves

Sibelius Academy, Konserttisali



Mimi Zweig

We can continue to evolve as string teachers by creating a non-judgmental learning environment, understanding that playing is physical, psychological and musical, and creating a clear and sequential path to artistry.

Wednesday, 26 August / 18:00–18:50

CONCERT

City reception & moment of Finnish music – sponsored by City of Helsinki & D'Addario

Musiikkitalo, Lower Foyer





Photo: Petra Tiihonen

Photo: Matti Nenonen

Adrián Ibáñez-Resjan, violin & Alicia Ibáñez-Resjan, piano

Program

Jean Sibelius (1865-1957):
Souvenir Op. 79 No. 1 & Op. 34 No. 10

City of Helsinki greeting and toast,
Jari Eskola / Helsinki Philharmonia

Toivo Kuula (1883-1918):
Berceuse Op. 3a No. 1

Welcome speech by the University of the Arts Helsinki, Vice Dean **Tuuli Talvitie**

Leevi Madetoja (1887-1947):
Dream picture Op. 14 No. 4
Dance Op. 14 No. 5
Rêverie Op. 38 No. 1
Melodia intima (1923)

Jean Sibelius:
Waltz Op. 81 No. 3
Humoresque VI Op. 89 No. 4

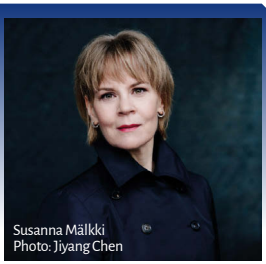
Wednesday, 26 August / 19:00–21:00 CONCERT

Sibelius Academy Symphony Orchestra

Musiikkitalo, Concert Hall

The concert is part of Helsinki Festival programme

Sibelius Academy Symphony Orchestra
Susanna Mälkki, conductor



Susanna Mälkki
Photo: Jiyang Chen



The Sibelius Academy Symphony Orchestra performing Mahler's 2nd Symphony, March 23, 2025, at the Musiikkitalo Concert Hall.
Photo: Sibelius Academy, Uniarts Helsinki / Matias Ahonen

Wednesday, 26 August / 21:30–23:00

JAM SESSION

”Evening of Celtic Magic” – sponsored by D´Addario

Art Café Feeniks

Laura Airola, session host & violin / Lauri Häme, concertina & banjo



Photo: Teemu Mattsson



Learn to play Irish tunes with dancing bowings and phrasing. We shall learn together some polkas and jigs and nice ornamentation as well. Take your instruments with you or come just to listen. We shall learn by ear, but you will get the material to take with you!

Please note: You may enter the café any time after 21:00 to eat & drink or tune up your instrument, the program starts by 21:30.



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Thursday, 27 August, 2026

Thursday

8:30

8:30–9:00 SESSION
Pilates session
Sibelius Academy, Konserttisali
Tarja Nyberg

9:00

9:00–10:30 MEETING
ESTA Presidents' meeting
Sibelius Academy, Alalämpiö

9:15

9:15–10:00 LECTURE
Strings 101: The Science, History, and Care of Strings by D´Addario
Sibelius Academy, Konserttisali
Amie Weiss

9:15–10:00 LECTURE
Reclaiming attention: Mindfulness and the Teacher-Student Relationship
Sibelius Academy, Kamarimusiikkisali
Ruth Phillips

9:15–10:00 LECTURE
The Instrument Team Model: A Tool for Learning, Motivation, and Community in String Pedagogy
Sibelius Academy, R-510
Markus Hallikainen

9:15–10:00 LECTURE
Violin Islands 2027 in Ljubljana
Sibelius Academy, R-511
Bojan Cvetrežnik

10:00

10:00–10:30 SHOWCASE
Break & Exhibitors' Showcase
Sibelius Academy, Pikkusali

10:00–10:30 CONCERT
D'Addario Informal Coffee Concert
Sibelius Academy, R-310 D´Addario room

10:30

10:30–11:30 MASTERCLASS
Violin masterclass
Sibelius Academy, Konserttisali
Mimi Zweig

10:30–11:30 MASTERCLASS
Cello masterclass
Sibelius Academy, Kamarimusiikkisali
Joona Pulkkinen

10:30–11:30 MASTERCLASS
Viola masterclass
Sibelius Academy, R-510
Jorge Alves

Thursday, 27 August, 2026

11:45

11:45–11:55
PRESENTATION
Yamaha presentation
Sibelius Academy, Konserttisali
Christoph Müske

11:45–11:55
SESSION
Poster Session
Sibelius Academy, R-541
8 presenters

11:45–12:30
LECTURE
The musician within: Coaching Identity to Amplify Artistic Growth
Sibelius Academy, R-510
Eicca Toppinen

11:45–12:30
LECTURE
From Static Pages to Living Material: How Technology Can Support Home Practice
Sibelius Academy, R-511
Tarmo Anttila & Pekka Pulli

12:00

12:00–12:45
CONCERT
Concert of Finnish Music with New Instruments of Modern Makers
Sibelius Academy, Kamarimusiikkisali

12:15

12:15–13:00
LECTURE
Developing musician's physique
Sibelius Academy, Konserttisali
Eeva Hyytiäinen

12:30

12:30–14:00 GENERAL PROGRAMME
Lunch break & Showcase Exhibitors
Sibelius Academy, Main Lobby & Pikkusali
Light refreshments offered by Larsen, Pirastro, Leatherwood & Arcus-Müsing in Pikkusali

13:30

13:30–14:00 WORKSHOP
Find Your Perfect Strings: A D'Addario Hands-On Workshop
Sibelius Academy, R-310 D´Addario room

14:00

14:00–15:00
CONCERT
TOGETHER! Double basses on stage – sponsored by Pirastro
Sibelius Academy, Konserttisali

14:00–15:00
WORKSHOP
The power of questions: helping our students think, reflect, and learn
Sibelius Academy, Kamarimusiikkisali
Yvonne Frye

14:00–14:45 LECTURE
Artist from the Start: An inspiring journey toward artistic excellence
Sibelius Academy, R-510
Hong Anh Shapiro

14:00–14:45 LECTURE
Lucien Capet (1873–1928), his treatise (Superior Technique of the Bow), and his legacy
Sibelius Academy, R-511
Alexis Galperine

14:00–18:00
SHOWCASE
The Guild of Finnish Violinmakers: Welcome to test New Instruments of Modern Makers
Sibelius Academy, R-541

Thursday, 27 August, 2026

Thursday

15:15

15:15–16:15
WORKSHOP
Senso Coach workshop
Sibelius Academy, Kamarimusiikkisali
Marko Siivonen

15:15–16:00
LECTURE
Teaching Kreutzer Ètudes: Pedagogigal Insights from Yampolsky, Galamian and Zweig
Sibelius Academy, R-510
Dijana Ihas

15:15–16:00
LECTURE
From keywords to competence: building independent cellists through foundational keywords
Sibelius Academy, R-511
Karla Hamelin

14:00–18:00
SHOWCASE
The Guild of Finnish Violinmakers: Welcome to test New Instruments of Modern Makers
Sibelius Academy, R-541

16:30

16:30–17:00 GENERAL PROGRAMME
Coffee – offered by ESTA Finland & Showcase Exhibitors
Sibelius Academy, Main Lobby & Pikkusali – *Come and have a cup of coffee, mingle with fellow participants and meet the exhibitors*

17:00

17:00–18:00
CONCERT
Viva Violas! – sponsored by Pirastro
Sibelius Academy, Konserttisali

17:00–18:00 WORKSHOP
Mind Those Bones!
Sibelius Academy, Kamarimusiikkisali
Diane Daly & Alison Wells

17:00–18:00 WORKSHOP
Listening, Leading, and Collaborating: Ensemble Skills for Life
Sibelius Academy, R-510
Miriam Veeger

17:00–17:45
LECTURE
OK–OK In the Learning Relationship: Creating Motivation and Space for Growth
Sibelius Academy, R-511
Špela Pirnat

Thursday, 27 August, 2026

18:15

18:15–19:15 MASTERCLASS
Double bass masterclass
Sibelius Academy, Kamarimusiikkisali
Lasse Lagercrantz

18:15–19:15 WORKSHOP
From Body to Bow: Developing Rhythm and Instrumental Awareness through Movement-Based Practice
Sibelius Academy, R-510
Katarina Veselinovic & Andrea Cagnin

18:15–19:00 WORKSHOP
Eye harp: music for social transformation
Sibelius Academy, R-511
Oriol Saña

19:00

19:00–20:00 CONCERT
The Cello FiESTA! Beyond Generations – sponsored by Thomastik
Sibelius Academy, Konserttisali

21:30

21:30–23:00 JAM SESSION
Jam Session "Swinging Night in Paris" – sponsored by D´Addario
Art Café Feeniks
Session host & violin: Laura Airola, Aki Hauru, guitar



Art Café Feeniks

Thursday, 27 August / 8:30–9:00 SESSION

Pilates session

Sibelius Academy, Konserttisali

Tarja Nyberg



Soft warm-up class for opening the day with movements inspired by Pilates, Alexander-technique, yoga and dance and mostly by the human body and its own movements. Simple exercises are smoothly connected with breath in order to create space and freedom in the body and mind.

Thursday, 27 August / 9:15–10:00 LECTURE

Strings 101: The Science, History, and Care of Strings by D´Addario

Sibelius Academy, Konserttisali

Amie Weiss



Ever wonder exactly how a musical instrument string is made? D'Addario has created a presentation that demystifies the strings on our instruments. By detailing the history and anatomy of strings, we hope that everyone will gain more understanding of what best suits their instrument, playing style, and playing level. We'll discuss everything that goes into making and playing on a string, including materials, maintenance, longevity, rosin, and everything in between.

D'Addario is the Principal Sponsor of the ESTA 2026 conference.

Thursday, 27 August / 9:15–10:00 LECTURE

Reclaiming attention: Mindfulness and the Teacher-Student Relationship

Sibelius Academy, Kamarimusiikkisali

Ruth Phillips



Photo: Aude Cailloux

Thursday, 27 August / 9:15–10:00 LECTURE

The Instrument Team Model: A Tool for Learning, Motivation, and Community in String Pedagogy

Sibelius Academy, R-510

Markus Hallikainen



Photo: Sakari Hallikainen

Thursday, 27 August / 9:15–10:00 LECTURE

Violin Islands 2027 in Ljubljana

Sibelius Academy, R-511

Bojan Cvetrežnik

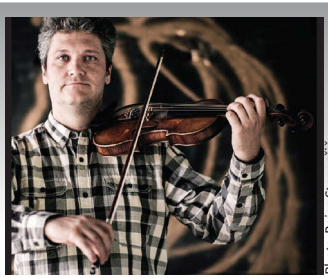


Photo: Bojan Stepančič

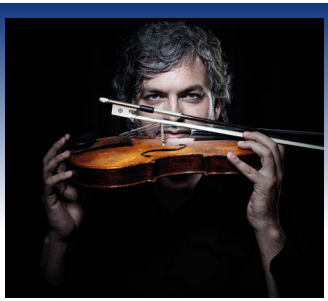
Thursday, 27 August / 10:00–10:30 CONCERT

D'Addario Informal Coffee Concert

Sibelius Academy, R-310 D´Addario room

Oriol Saña

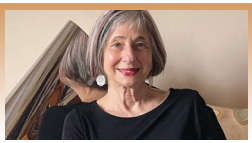
The Contemporary Violin:
Rhythm, Chop & Improvisation



Thursday, 27 August / 10:30–11:30 MASTERCLASS

Violin masterclass: Mimi Zweig

Sibelius Academy, Konserttisali



Thursday, 27 August / 10:30–11:30 MASTERCLASS

Cello masterclass: Joona Pulkkinen

Sibelius Academy, Kamarimusiikkisali



Thursday, 27 August / 10:30–11:30 MASTERCLASS

Viola masterclass: Jorge Alves

Sibelius Academy, R-510



Thursday, 27 August / 11:45–11:55

PRESENTATION

Yamaha presentation

Sibelius Academy, Konserttisali

Christoph Müske



Yamaha Product Specialist Christoph Müske introduces the Yamaha Bowed Strings Product Line Up.

Yamaha's history began in 1887 when its founder, **Torakusu Yamaha**, completed a repair job on a reed organ at a Japanese primary school. Perhaps no one thought at the time this event would mark the beginning of an almost 140 year history during which Yamaha would become a world-wide leading brand in musical instruments, audio equipment, and since the 1990s also in Bowed Strings. We are committed to creating excitement and cultural inspiration together with people around the world.

For more information, please visit: https://www.yamaha.com/en/about/

Thursday, 27 August / 11:45–12:30 LECTURE

The musician within: Coaching Identity to Amplify Artistic Growth

Sibelius Academy, R-510

Eicca Toppinen



Thursday, 27 August / 11:45–12:30 LECTURE

From Static Pages to Living Material: How Technology Can Support Home Practice

Sibelius Academy, R-511

Tarmo Anttila & Pekka Pulli



Thursday, 27 August / 11:45–11:55 SESSION

Poster Session: Come and see the posters on display!

Sibelius Academy, R-541 (the lecture room, fifth floor)

Jeanne Porcino Dolamore: Documenting the New Approach to Violin Playing: Kató Havas' Contribution to Contemporary String Pedagogy

Eija Vilkki: Best of the Best: A Music Community That Lasts

Marilys-Mirjam Kurg: A Different Approach to Beginners

María Rosa Pampillo Retana: Bridging Tradition and Digital Innovation in String Instrument Teacher Education: The UAX Pedagogical Model

Annamaria Nardelli: Igniting the Spark: Engaging Families to Lower Barriers in String Learning

Rinske Bosma: Violin Design Choices for Beginner Group Lessons

Kai Annika Günther: A License to Play The Violin

Günsu Özkarar: The Viola Schools Which Developed in the Historical Process and Effects to Each Other

Thursday, 27 August / 12:00–12:45 CONCERT

Concert of Finnish Music with New Instruments of Modern Makers

Sibelius Academy, Kamarimusiikkisali

Suomen Viulunrakentajien Kilta – The Guild of Finnish Violinmakers – represents the highest professional craftmanship of violin and bow makers in Finland. The 11 members serve the string players across the country from Helsinki to Salla (in Lapland) and represent a vast source of experience, knowledge and diversity of the string instrument trade.

Making, repairing and restoring violins, violas, celli and basses and their bows with a high standard.

The concert will be played with the new instruments and bows made by the members of the Guild and by the students of the Oulu Conservatory. Oulu is the Cultural capital of Europe 2026. The music students are instructed by Maarit Karppelin and Johanna Leponiemi.

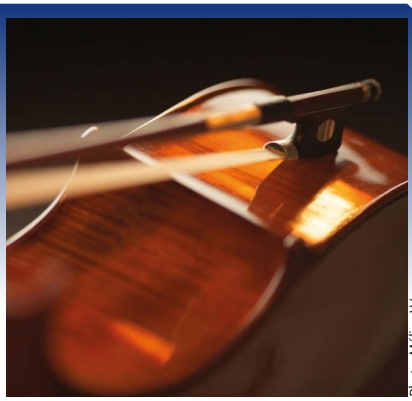


Photo: Méline Waxx

The instruments and bows can be seen and tried by the audience after the concert.

Instruments: Jarkko Niemi, Lauri Kallinen, Elina Kaljunen, Eero Haahti, Mika Lahtinen, Karin Grobel, Marko Pennanen; **Bows:** Armin Seebass, Lauri Tanner, Eero Haahti

http://www.violinmakers.fi

Thursday, 27 August / 12:15–13:00 LECTURE

Developing musician's physique

Sibelius Academy, Konserttisali

Eeva Hyytiäinen



How to prepare a child's body to string playing: practical examples and excercises.

Thursday, 27 August / 13:30–14:00 WORKSHOP

Find Your Perfect Strings: A D'Addario Hands-On Workshop

D'Addario ORCHESTRAL

Sibelius Academy, R-310 D´Addario room

Thursday, 27 August / 14:00–15:00 CONCERT

TOGETHER! Double basses on stage

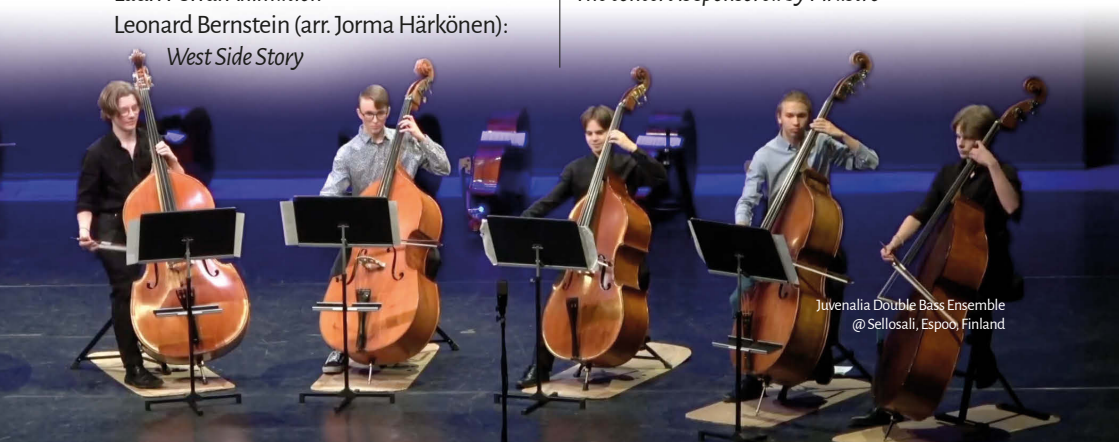
Sibelius Academy, Konserttisali

Students of East Helsinki Music Institute & Music Institute Juvenalia

Program

Trad. (arr. Panu Pärssinen):
Hyttyslaulu (Mosquito Song)
Lentäjäkirppu (Flying Flea)
Maija Ruuskanen:
Kuolemankello (A Dampwood Borer)
Norwegian Folk Song (arr. Jukka Rantamäki):
Jeg lagde meg så silde (I Went to Bed)
Elliot Carter: *Rumba*
Lauri Porra: *Animation*
Leonard Bernstein (arr. Jorma Härkönen):
West Side Story
Tuomo Matero (arr.): *Eurovision Mash Up*
Lauri Porra:
Iloiset Merirosvot (The Happy Pirates)
Panu Pärssinen: *Ahh! Bass!*
(first public performance)
Elton John (arr. Jorma Härkönen):
Can You Feel the Love Tonight
Astor Piazzolla (arr. Panu Pärssinen): *Oblivion*
Darude (arr. Panu Pärssinen): *Sandstrom*

The concert is sponsored by Pirastro



Juvenalia Double Bass Ensemble @ Sellosali, Espoo, Finland

Thursday, 27 August / 14:00–15:00

WORKSHOP

The power of questions: helping our students think, reflect, and learn

Sibelius Academy, Kamarimusiikkisali

Yvonne Frye



Thursday, 27 August / 14:00–14:45 LECTURE

Artist from the Start: An inspiring journey toward artistic excellence

Sibelius Academy, R-510

Hong Anh Shapiro



Thursday, 27 August / 14:00–14:45 LECTURE

Lucien Capet (1873–1928), his treatise (Superior Technique of the Bow), and his legacy

Sibelius Academy, R-511

Alexis Galperine



Quatuor Capet (the Capet Quartet, active 1893–1928): Lucien Capet, first violin; André Tourret, second violin; Louis Hasselmans, cello; and Henri Casadesus, viola. Other than the leader, L. Capet, the personnel of the ensemble changed often; this line-up existed around 1904.



Thursday, 27 August / 15:15–16:15 WORKSHOP

Senso Coach workshop

Sibelius Academy, Kamarimusiikkisali

Marko Siivonen

Why and How to Get Help
from the Brain for Musicians



Thursday, 27 August / 15:15–16:00 LECTURE

Teaching Kreutzer Ètudes: Pedagogigal Insights from Yampolsky, Galamian and Zweig

Sibelius Academy, R-510

Dijana Ihas

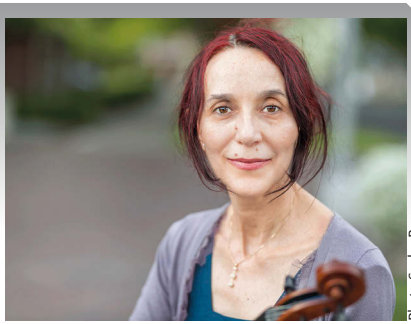


Photo: Sankar Raman

Thursday, 27 August / 15:15–16:00 LECTURE

From keywords to competence: building independent cellists through foundational keywords

Sibelius Academy, R-511

Karla Hamelin



Photo: SHannah Neal

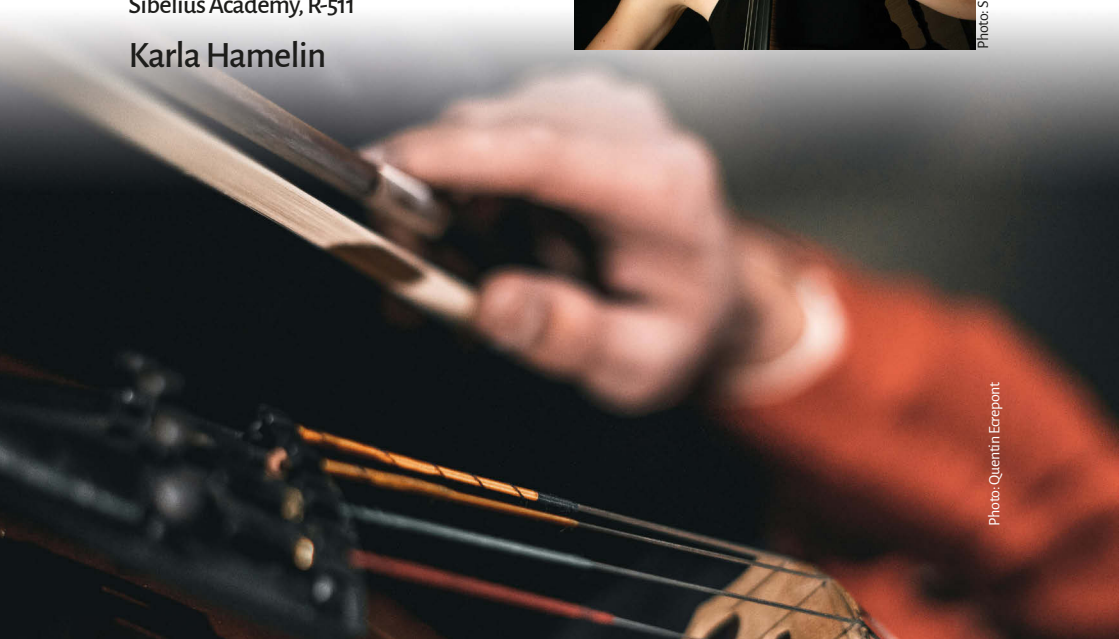


Photo: Quentin Ecrepont

Thursday, 27 August / 17:00–18:00 CONCERT

Viva Violas!

Sibelius Academy, Konserttisali

The Finnish Viola Society

Finnish viola players will showcase their artistry and the many facets of the instrument in the Viva Violas! concert.

The program spans a wide musical spectrum, and features violists of all ages and levels – from beginners to seasoned professionals.

The Grandissimo Viola Orchestra will be conducted by Finnish violist and conductor Vuokko Lahtinen. **Viola players are warmly invited to join the orchestra on stage with their own instruments.**

Welcome!

Program

László Rossa (1941-): *Heinäsirkan häät* (*Grasshopper Wedding*, arr. Mike Peltola)

Erkki Melartin (1875-1937): *Hopotihoi*

Trad: *Kettu, hukka, jänis (A Fox, a Wolf, a Rabbit)* (arr. Tarja Koskinen)

Miniviolas, cond. Johanna Paananen; Salla Pynssi, piano

Paul Hindemith (1895-1963): *Trauermusik*
Ellen Herler, viola; Young Stars Viola-ensemble, cond. Vuokko Lahtinen

Benjamin Dale (1885-1943): *Introduction and Andante op. 5*

Andrew Norman (1979-): *Gran Turismo*

Young Stars Violaensemble

Tiina Kaukinen (1974-): *Kuubalainen kissa (A Cuban Cat)*

Sancho Engaño (1922-1995): *Galliard*

Juniorviolas, cond. Vuokko Lahtinen

Kaj Chydenius (1939–2024): *Nuoruustango – Asturiana* (arr. Teppo Alimattila)

Grandissimo Violas, cond. Vuokko Lahtinen

The concert is sponsored by Pirastro





Thursday, 27 August / 17:00–18:00 WORKSHOP

Mind Those Bones!

Sibelius Academy, Kamarimusiikkisali

Diane Daly & Alison Wells





Thursday, 27 August / 17:00–18:00 WORKSHOP

Listening, Leading, and Collaborating: Ensemble Skills for Life

Sibelius Academy, R-510

Miriam Veeger



Thursday, 27 August / 17:00–17:45 LECTURE

"OK–OK" In the Learning Relationship: Creating Motivation and Space for Growth

Sibelius Academy, R-511

Špela Pirnat



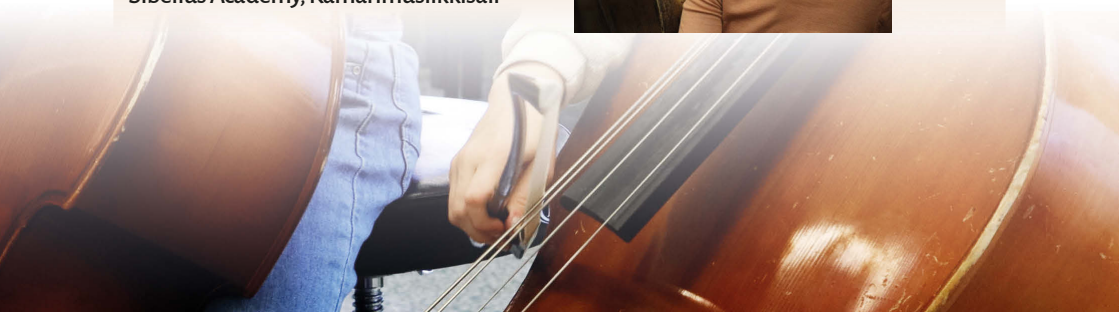
Thursday, 27 August / 18:15–19:15

MASTERCLASS

Double bass masterclass: Lasse Lagercrantz

Sibelius Academy, Kamarimusiikkisali





Thursday, 27 August / 18:15–19:15 WORKSHOP

From Body to Bow: Developing Rhythm and Instrumental Awareness through Movement-Based Practice

Sibelius Academy, R-510

Katarina Veselinovic & Andrea Cagnin





Thursday, 27 August / 18:15–19:00 WORKSHOP

Eye harp: music for social transformation

Sibelius Academy, R-511

Oriol Saña



SOITIN Laine

www.soitinlaine.fi

Thursday, 27 August / 19:00–20:00 CONCERT

The Cello FiESTA! Beyond Generations

Sibelius Academy, Konserttisali

Finnish Cellists



Welcome to the CELLO FiESTA! Concert, where Finnish cellists, pedagogues and students from different generations and ages come together on one stage! This event celebrates ensemble playing and the collaboration between teachers and students from the Finnish Music Institutes and the Sibelius Academy.

The Finnish cello tradition and pedagogy are known for high level and versatility. In this concert, you will hear a rich repertoire spanning many styles and centuries! It is a true FiESTA! of cello music!

Program

Trad. *A Little Bunny's Summer Day*
Cello Ensemble Hau; Teachers Tiia Ignatius & Jaakko Kulo (Käpylä Music Institute); Säde Erkkilä, piano

László Rossa (1941-): *Terve, herra Lentokone (Hello, Mr. Airplane)*
Cello Ensemble; Teacher Anna Hannikainen (East Helsinki Music Institute); Kaija Hakkila, piano

Camille Saint-Saëns (1835-1921): *The Swan*
Astor Piazzolla (1921-1992): *Libertango*
Young Cello Virtuosos: Frank Sundqvist, Selja Hakamies, Veikko Aarnio, Ruusu-Talvikki Heikkilä, Pietari Huhdanpää, Linnea Laaksamo, Ellen Lundqvist, Samuel Latonen & Ukri Siirala

Richard Wagner (1813-1883): *Feierliches Stück from Lohengrin*, arr. Friedrich Grützmacher
Sibelius Academy Cellos;
Teacher Joona Pulkkinen

Julius Klengel (1859-1933): *Hymnus*
Teacher's Ensemble: Marko Ylönen, Joona Pulkkinen, Erkki Lahesmaa, Markus Hallikainen, Laura Olli, Petja Kainulainen, Markus Pelli, Anna Záborszky-Teppo, Kristiina Hirvonen, Tiia Ignatius, Johannes Teppo & Hannu Kiiski

Jean Sibelius (1865-1957): *Impromptu*, arr. A. Hakkarainen
Eero Heinonen (1979-): *Veden alla*, arr. L. Hongisto
George Bizet (1838-1875): *Carmen – Prélude*, arr. P. Grans
Einojuhani Rautavaara (1928-2016): *Sydämeni laulu*
Marko Ylönen, cello; Cello Fiesta Cello Orchestra, Cond. Kyösti Vesterinen

The cellists of the Cello Fiesta represent 15 different music institutes, conservatories, and the Sibelius Academy from across Finland. The concert is sponsored by Thomastik.

Thursday, 27 August / 21:30–23:00 JAM SESSION

Jam Session "Swinging Night in Paris" – sponsored by D´Addario

Art Café Feeniks

Laura Airola, session host & violin / Aki Hauru, guitar
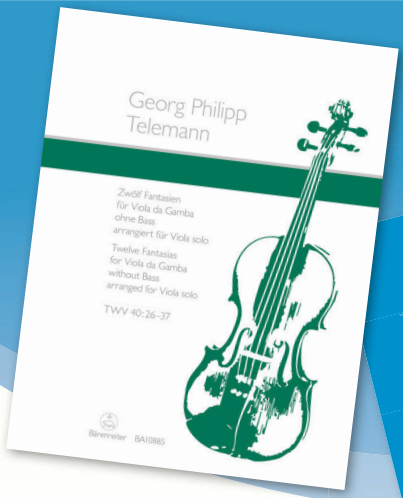




An evening in a spirit of Django Reinhardt and Stephane Grappélli. Take your instruments and join an atmospheric night in a parisian café. You will learn swinging bowings, a little bit of jazzy phrasing and some improvisational tips. We shall learn by ear but you will get the material with you afterwards. You can also come just to listen and relax.

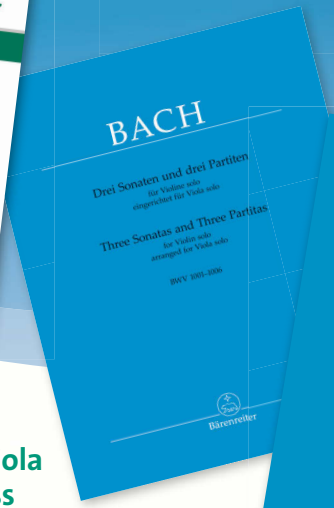
Please note: You may enter the café any time after 21:00 to eat & drink or tune up your instruments, the program starts by 21:30.



Sunset over Helsinki's urban landscape with iconic architecture and vibrant skies. Photo: Dr Periodontist

NEW BÄRENREITER EDITIONS for Viola







Georg Philipp Telemann

Twelve Fantasias for Viola da Gamba without Bass TWV 40: 26–37

Arranged for **Viola Solo** by M. Galaganov BA10885

Telemann's fantasias for viola da gamba remained largely unknown until recently—the only surviving copy of these works was rediscovered in 2015. Violist Misha Galaganov has arranged them for solo viola, largely preserving the original musical text. A foreword (Eng/Ger) and a detailed commentary on readings and editorial issues (Eng) explain his approach to the arrangement and offer practical playing tips.

Johann Sebastian Bach

Three Sonatas and Three Partitas for Violin solo BWV 1001–1006

Arranged for **Viola Solo**
by C. Park BA05276

Johann Sebastian Bach

Six Suites for Violoncello solo BWV 1007-1012

Arranged for **Viola Solo**
by C. Park BA05272

J. S. Bach's sonatas and partitas for solo violin as well as his suites for solo cello are among the highlights of eighteenth-century solo string literature. Conductor, violist, and educator Chung Park based his arrangements of these works for solo viola on a thorough study of the Bärenreiter Urtext editions of the originals. His editions provide elegant and idiomatic solutions to the technical challenges of playing these works on the viola.

Bärenreiter
www.baerenreiter.com

During the conference we are open
Wed 11-19 / Thu & Fri 11-18

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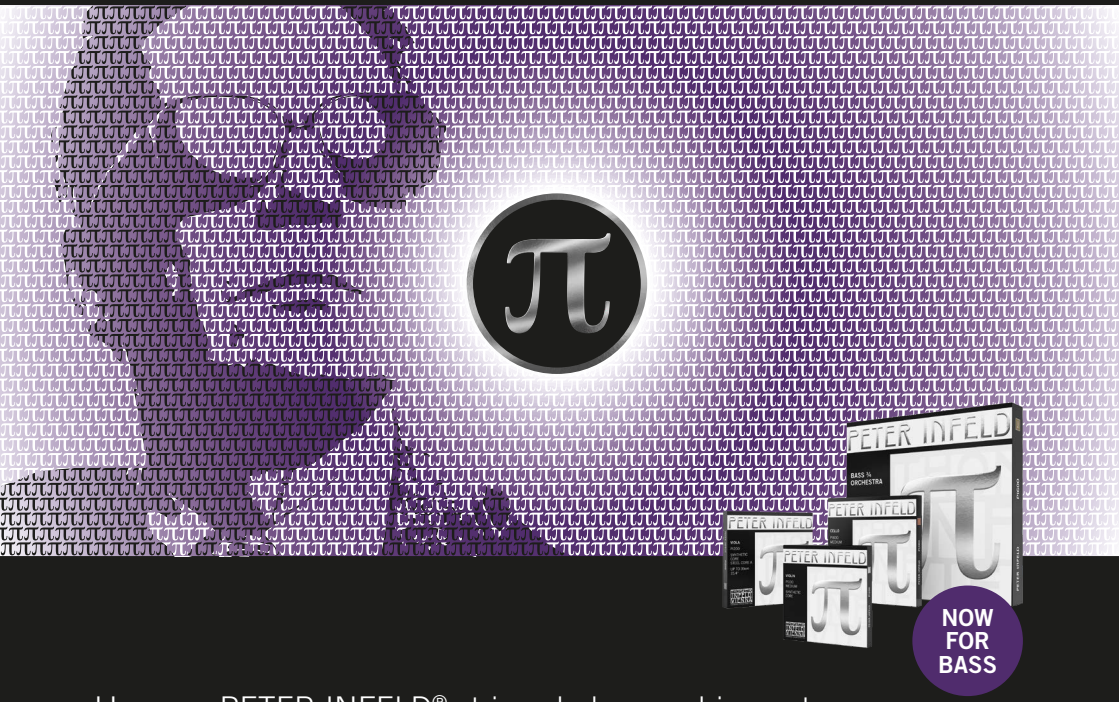
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TIME TO SHINE

PETER INFELD®string line



How our PETER INFELD® strings help you shine out

All the strings in our PETER INFELD® string line share qualities with one special person: Peter Infeld, who ran our company for more than four decades. These reliable strings are dedicated to and named after him. Both Peter Infeld and the strings in our string line have always been committed to the same mission: To help artists shine in many different ways. And to support you in always sounding your best – whether you're an experienced amateur or a professional at the highest level. The strings' tonal core is centered and well-balanced and their sound is powerful in the mid frequencies. They offer a substantial amount of sound colors, but leave you as a player in control at all times. But here's what makes our PETER INFELD® strings particularly popular with so many players and their audiences: We developed them to produce a special bow noise that contributes to a remarkable projection, which makes your sound shine all the way to the farthest corner of the room.

More about our PETER INFELD® string line on

peterinfeld-strings.com

THOMASTIK INFELD VIENNA

Friday, 28 August, 2026

Friday

8:30

8:30–9:00 SESSION
Somatic Pilates fascia session
Sibelius Academy, Konserttisali
Heidi Mantere

9:00

9:00–10:00 WORKSHOP
Pedagogical strategies for teaching string instruments to diverse learners through exercises, games, and other activities
Sibelius Academy, Kamarimusiikkisali
Mari Kortelainen & Tuuli Raitio

9:15

9:15–10:00
SPONSOR PRESENTATION
The History and Future of the Bow
Sibelius Academy, Konserttisali
Bernd Müsing

9:15–10:00
LECTURE
Viola etudes alla Turca; creating a new repertoire for viola
Sibelius Academy, R-510
Barış Kerem Bahar

10:00

10:00–10:30 GENERAL PROGRAMME
Break & Showcase Exhibitors
Sibelius Academy, Pikkusali

10:00–10:30 CONCERT
D'Addario Informal Coffee Concert
Sibelius Academy, R-310 D´Addario room

10:30

10:30–11:45
WORKSHOP
Toivo Kuula's music alive – come and join the orchestra!
Sibelius Academy, Kamarimusiikkisali
Sirkka Kuula

10:30–11:15
LECTURE
Reflective tools for students' self-regulated and autonomous learning
Sibelius Academy, R-510
Antti Snellman

10:30–11:15
LECTURE
Listen to her! – An Introduction to Discovering Music by Women Composers
Sibelius Academy, R-511
Anna Braw

10:30–11:00
SPONSOR PRESENTATION
Larsen Strings: Optimising your sound – with strings
Sibelius Academy, Konserttisali
Thomas Zwieg

11:15

11:15–11:45 SESSION
Poster Session
Sibelius Academy, R-541
8 presenters

Friday, 28 August, 2026

11:30

11:30–12:15
LECTURE
The Motivated Learner: Self-Regulation, Self-Efficacy and the Drive to Succeed
Sibelius Academy, Konserttisali
Laura Ritchie

11:30–12:15
LECTURE
Building a double bass community
Sibelius Academy, R-510
Marja-Helena Ojanperä & Tarja Nyberg

11:30–12:15
LECTURE
Teaching and learning of intonation in string instrumental education: an overview of mobile apps
Sibelius Academy, R-511
Géssica Sant'Ana

11:15–11:45
SESSION
Poster Session
Sibelius Academy, R-541

12:00

12:00–12:30
CONCERT
Moment of Finnish Music with Young Students from SibA
Sibelius Academy, Kamarimusiikki-sali

12:30

12:30–14:00 GENERAL PROGRAMME
Lunch break & Showcase Exhibitors • Sibelius Academy, Main Lobby & Pikkusali
Light refreshments offered by Larsen, Pirastro, Leatherwood & Arcus-Müsing in Pikkusali

14:00

14:00–15:00
CONCERT
Identification and Extra-curricular Support for Exceptional Talents
Sibelius Academy, Konserttisali
The Finnish String Academy

14:00–15:00
WORKSHOP
Teach smarter, not harder: science-based tools for more effective practice
Sibelius Academy, Kamarimusiikkisali
Andrew Sheeran

14:00–15:00
WORKSHOP
Jazz Manouche for String Players
Sibelius Academy, R-510
Oriol Saña

14:00–14:45
LECTURE
The AI "New Normal": Evaluating the Uses and Ethics of Artificial Intelligence in Advanced String Teaching
Sibelius Academy, R-511
Miranda Wilson

Friday

Friday, 28 August, 2026

Friday

15:00

15:00–15:30 GENERAL PROGRAMME

Coffee – offered by ESTA Finland & Showcase Exhibitors

Sibelius Academy, Main Lobby & Pikkusali – *Come and have a cup of coffee, mingle with fellow participants and meet the exhibitors*

15:30

15:30–16:30 PANEL DISCUSSION

Panel by ESTA Next Generation: Diving into the Future Prospects and Needs of String Pedagogy

Sibelius Academy, Konserttisali

15:30–16:30 WORKSHOP

Beyond perfection: nurturing gifted young string players through aesthetic care

Sibelius Academy, Kamarimusiikkisali

Chun Li

15:30–16:15 LECTURE

Bridging Colourstrings and El Sistema

Sibelius Academy, R-510

Mariesther Alvarez & Marielisa Alvarez

15:30–16:15 LECTURE

The folkmusic of Kalotaszeg – a continuing living tradition

Sibelius Academy, R-511

Christy Collett

16:00–18:40 EXCURSION

Excursion to Ainola (Bus at 16:00)

Bus departure point: in front of Sibelius Academy

Satu Jalas, violin & Folke Gräsbeck, piano

Return bus from Ainola at 18.00 (arrival at 18.40 to Temppeliaukio Church where the Rendezvous concert begins at 19.00).

16:30

16:30–17:15 LECTURE

Learning the Cello as a Violinist/Violist

Sibelius Academy, Kamarimusiikkisali

Yuri Djachenko & Csaba Szilvay

16:30–17:15 LECTURE

The new violin etude: bridging traditional pedagogy and 21st-century performance

Sibelius Academy, R-510

Véronique Mathieu

16:45

16:45–17:30 LECTURE

Educating the 21th century pedagogues at UniArts/Sibelius Academy

Sibelius Academy, Konserttisali

Yvonne Frye & Erkki Lahesmaa

Friday, 28 August, 2026

19:00

19:00–20:00 CONCERT

RENDEZVOUS

Temppeliaukio Church

Réka Szilvay, Marko Ylönen & Friends

In co-operation with the Radalla festival

21:30

21:30–23:00 JAM SESSION

Chamber music with Friends" – sponsored by Thomastik

Art Café Feeniks

Session host: Aaron Jacobs



Temppeliaukio Church.
Photo: Ibrahim-Can Duran

Friday, 28 August / 8:30–9:00 SESSION

Somatic Pilates fascia session

Sibelius Academy, Konserttisali

Heidi Mantere

Pilates fascia session (standing) to wake up the body, joints and fascialines.
www.heidi.fi/pilates @pilatesstrings



Photo: Jukka Rapo

Friday, 28 August / 9:00–10:00 WORKSHOP

Pedagogical strategies for teaching string instruments to diverse learners through exercises, games, and other activities

Sibelius Academy, Kamarimusiikkisali

Mari Kortelainen & Tuuli Raitio





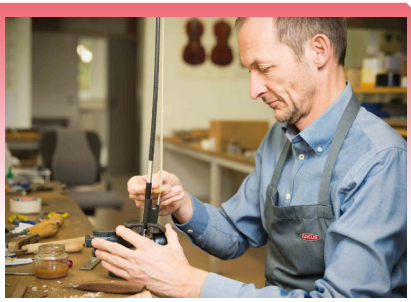
Friday, 28 August / 9:15–10:00

SPONSOR PRESENTATION

The History and Future of the Bow

Sibelius Academy, Konserttisali

Bernd Müsing

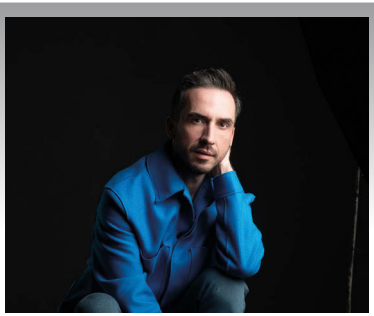


Friday, 28 August / 9:15–10:00 LECTURE

Viola etudes alla Turca; creating a new repertoire for viola

Sibelius Academy, R-510

Barış Kerem Bahar

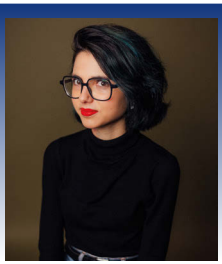


Friday, 28 August / 10:00–10:30 CONCERT

D'Addario Informal Coffee Concert: Caffeinated Tunes – Live-looping Music for Your Coffee Break

Sibelius Academy, R-310 D´Addario room

Joana Carvalhas AKA The Tiny Musician



Friday, 28 August / 10:30–11:00

SPONSOR PRESENTATION

Larsen Strings: Optimising your sound – with strings

Sibelius Academy, Konserttisali

Thomas Zwieg



Ever wondered what influences the sound and response of your instrument, and how you can optimise this?

Dr. Thomas Zwieg from Larsen Strings provides insight into how instruments, strings and external factors like humidity interact with one another, and what can be done to influence and improve qualities such as response, volume and tone.

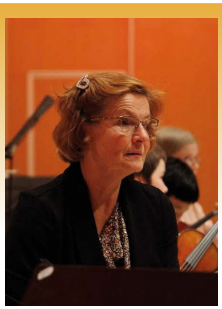
www.larsenstrings.com

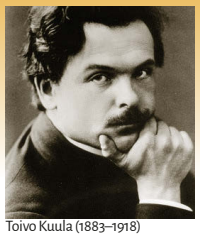
Friday, 28 August / 10:30–11:45 WORKSHOP

Toivo Kuula's music alive – come and join the orchestra!

Sibelius Academy, Kamarimusiikkisali

Sirkka Kuula





Toivo Kuula (1883–1918)

Sirkka Kuula has arranged Toivo Kuula's violin, piano, organ, and choral pieces for into pieces for string orchestras, which are also suitable for student orchestras in music schools. In this workshop, Sirkka Kuula will relate her great-uncle's life and work, so that the audience can participate also from the stands! Come and play or listen and familiarize yourself to this rich and unique music! The Workshop features pianist **Salla Pynssi** and is sponsored by Espoo Music Institute.

Friday, 28 August / 10:30–11:15 LECTURE

Reflective tools for students' self-regulated and autonomous learning

Sibelius Academy, R-510

Antti Snellman



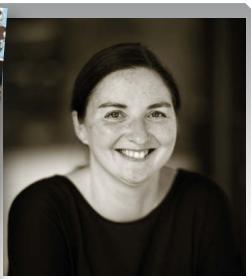
Friday, 28 August / 10:30–11:15 LECTURE

Listen to her! – An Introduction to Discovering Music by Women Composers

Sibelius Academy, R-511

Anna Braw





Friday, 28 August / 11:15–11:45 SESSION

Poster Session: Come and see the posters on display!

Sibelius Academy, R-541 (the lecture room, fifth floor)

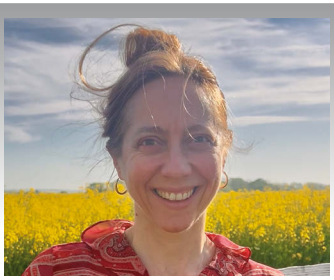
See the 8 presenters on page 25

Friday, 28 August / 11:30–12:15 LECTURE

The Motivated Learner: Self-Regulation, Self-Efficacy and the Drive to Succeed

Sibelius Academy, Konserttisali

Laura Ritchie



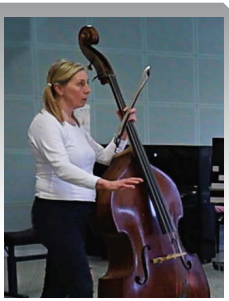
Friday, 28 August / 11:30–12:15 LECTURE

Building a double bass community

Sibelius Academy, R-510

Marja-Helena Ojanperä & Tarja Nyberg



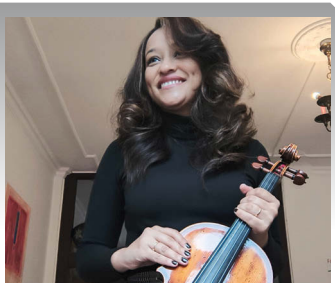


Friday, 28 August / 11:30–12:15 LECTURE

Teaching and learning of intonation in string instrumental education: an overview of mobile apps

Sibelius Academy, R-511

Géssica Sant'Ana



Friday, 28 August / 12:00–12:30 CONCERT

Moment of Finnish Music with Young Students from SibA

Sibelius Academy, Kamarimusiikkisali

Program

Jean Sibelius (1865-1957): *Nocturne Op. 51 no 3*
Olga Niemi, violin; Folke Gräsbeck, piano

Magnus Lindberg (1958-): *Partia, part 6; Giga*
Leevi Pelli, violoncello

Teppo Hauta-aho (1941-2021):
Rhapsody for Double Bass Solo
Joel Peltonen, double bass

Sanna Ahvenjärvi (1972-) &
Tapio Lappalainen (1973-):
Whirling Energy
Emilia Lappalainen, viola
Joonatan Lappalainen, vibraphone
Folke Gräsbeck, piano



Sanna Ahvenjärvi
Photo: Ville Juurikkala

Tapio Lappalainen
Photo: Ville Juurikkala





Magnus Lindberg
Photo: Saara Vuorjoki



Jean Sibelius
Painting: Eero Järnefelt, 1892



Teppo Hauta-Aho
Photo: Heikki Kasari

Friday, 28 August / 14:00–15:00 CONCERT

Identification and Extracurricular Support for Exceptional Talents

Sibelius Academy, Konserttisali

In association with: The Finnish String Academy

A concert with the Finnish String Academy, offering extracurricular talent training to exceptionally talented young string players in Finland.

The Finnish String Academy offers high level extracurricular training to talented young string players in Finland. The String String Academy is composed of the Violin Academy, Cello Academy and Viola Academy.

The main purpose of the String Academy is to promote string instrument education in Finland and to support the development of talented Finnish musicians toward professional excellence. Since its inception in 2009, the String Academy has successfully trained competition winners and outstanding musicians who have established themselves in Finland's classical music scene as soloists, chamber musicians, and orchestra members.

Read more @ https://jousiakatemia.fi/en

Sponsored by Mutestrings, www.instagram.com/mutestrings.fi & Saatsi Architects, www.saatsi.fi

Program

Grazyna Bacewicz (1909-1969):
Quartet for four violins (1949)
1st Movement: Allegro-Allegro giocoso
3rd Movement: Molto allegro
Leea Mattila, Katri Mettänen, Aino Mattila & Vilma Tikkanen, violin

Robert Schumann (1810-1856):
Adagio and Allegro Op. 70
Juuso Leinonen, violoncello

William Walton (1902-1983): *Concerto for viola and orchestra; 1st movement: Andante comodo*
Ingrid Odé, viola

Ludwig van Beethoven (1770-1827):
Sonata for pianoforte and violoncello in A-major Op. 69; 1st movement: Allegro ma non tanto
Akseli Rudin, violoncello

Giuseppe Tartini (1692-1770):
Devil's trill sonata in G minor
(arr. F. Kreisler, 1875-1962)
Lilja Haatainen, violin;
Liisa Malmivaara, piano

Teachers

Violin Academy: Janne Malmivaara & Elina Vähälä; Cello Academy: Tuomas Lehto & Tuomas Ylinen; Viola Academy: Anna Kreetta Gribajcevic & Lilli Maijala

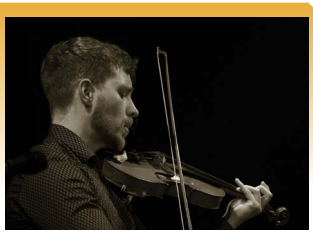


Friday, 28 August / 14:00–15:00 WORKSHOP

Teach smarter, not harder: science-based tools for more effective practice

Sibelius Academy, Kamarimusiikkisali

Andrew Sheeran



Friday, 28 August / 14:00–15:00 WORKSHOP

Jazz Manouche for String Players

Sibelius Academy, R-510

Oriol Saña



Friday, 28 August / 14:00–14:45 LECTURE

The AI "New Normal": Evaluating the Uses and Ethics of Artificial Intelligence in Advanced String Teaching

Sibelius Academy, R-511

Miranda Wilson



Friday, 28 August / 15:30–16:30

PANEL DISCUSSION

Diving into the Future Prospects and Needs of String Pedagogy

Sibelius Academy, Konserttisali

In association with:
ESTA Next Generation

Markus Hallikainen (moderator), Jorge Alves, Dijana Ihas, Petja Kainulainen, Andrea Cagnin, Mariana Morais, Kata Veselinovic & Laura Ritchie



Markus Hallikainan
Photo: Akvile Sileikaite

Friday, 28 August / 15:30–16:30 WORKSHOP

Beyond perfection: nurturing gifted young string players through aesthetic care

Sibelius Academy, Kamarimusiikki-sali

Chun Li



Friday, 28 August / 15:30–16:15 LECTURE

Bridging Colourstrings and El Sistema

Sibelius Academy, R-510

Mariesther Alvarez & Marielisa Alvarez





Friday, 28 August / 15:30–16:15 LECTURE

The folkmusic of Kalotaszeg – a continuing living tradition

Sibelius Academy, R-511

Christy Collett



Friday, 28 August / 16:00–18:40 EXCURSION

Excursion to Ainola

Bus departure point at 16:00, in front of Sibelius Academy

Satu Jalas, violin & Folke Gräsbeck, piano





Photo: Kimmo Brandt

Photo: Veli-Pekka Vaisanen

Violinist Satu Jalas, granddaughter of Sibelius, performs on the composer's own violin. Concert sponsored by D´Addario.

Return bus from Ainola @18.00 (arrival at 18:40 to Temppeliaukio Church where the Rendezvous concert begins at 19:00).



Jean Sibelius in front of Ainola.

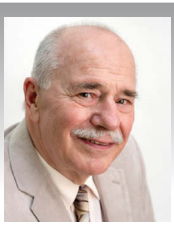
Friday, 28 August / 16:30–17:15 LECTURE

Learning the Cello as a Violinist/Violist

Sibelius Academy, Kamarimusiikkisali

Yuri Djachenko & Csaba Szilvay





Friday, 28 August / 16:30–17:15 LECTURE

The new violin etude: bridging traditional pedagogy and 21st-century performance

Sibelius Academy, R-510

Véronique Mathieu



Friday, 28 August / 16:45–17:30 LECTURE

Educating the 21th century pedagogues at UniArts / Sibelius Academy

Sibelius Academy, Konserttisali

Yvonne Frye & Erkki Lahesmaa





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- violins, violas, cellos -
- bows, rosins, strings and more -

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mark ahlgrén

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Violin Maker

Friday, 28 August / 19:00–20:00 CONCERT

RENDEZVOUS

Temppeliaukio Church



Réka Szilvay, Marko Ylönen & Friends

In co-operation with the Radalla festival
Admission to concert by showing you event badge!





Program

Zoltán Kodály (1882–1967):
Duo for violin and cello Op. 7 (1914)
1. Allegro serioso, non troppo
2. Adagio - Andante
3. Maestoso e largamente,
4. ma non troppo lento - Presto
Réka Szilvay, violin
Marko Ylönen, violoncello

Olli Mustonen (1967–): *Nonet No. 2* (2000)
1. Inquieto; 2. Allegro impetuoso; 3. Adagio; 4. Vivacissimo

Tami Pohjola, Rebecca Roozeman, Triinu Piirsalu & Otto Antikainen, violin; Annariina Jokela & Charlotta Westerback, viola; Marko Ylönen & Artturi Aalto, cello; Jasu Aalto, double bass

Felix Mendelssohn (1809–1847):
Octet in E-flat major Op. 20 (1825)
1. Allegro moderato ma con fuoco; 2. Andante; 3. Scherzo allegro leggierissimo; 4. Presto

Otto Antikainen, Réka Szilvay, Tami Pohjola & Rebecca Roozeman, violin; Charlotta Westerback & Annariina Jokela, viola; Artturi Aalto & Marko Ylönen, cello

Friday, 28 August / 21:30–23:00 JAM SESSION

New Voices and Familiar Favorites: A Chamber Music Evening – sponsored by Thomastik

Art Café Feeniks



Session host: Aaron Jacobs

Bring your violin, viola, cello, or double bass and join us for an evening of chamber music! Players of all instruments are encouraged to participate so we can fill every part. We will explore music by Finnish composers Jean Sibelius and Einojuhani Rautavaara alongside newly commissioned pedagogical works from the New Voices in String Pedagogy project. Inspired in part by Paul Rolland's innovative String Pedagogy, these new works by American-Indigenous composers Dawn Avery and Juantio Becenti and Brazilian composer Bianca d'Avila do Prado bring diverse voices and fresh musical approaches to string pedagogy. We'll conclude with the exhilarating *Presto* from Felix Mendelssohn's String Octet. Come ready to play, discover, and enjoy making music with colleagues from around the world!
Session Sponsored by Thomastik.

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New



Resonance.
Reinvented.

Saturday, 29 August, 2026

Saturday

8:30

8:30–9:00 SESSION
Gentle movement for the spine
Sibelius Academy, Konserttisali
Sinikka Sorvali

9:00

9:00–10:00
WORKSHOP
Opening the Instrument – Explorative Perspectives on String Practise
Sibelius Academy, Kamarimusiikkisali
Corinna Eikmeier & Iida-Vilhelmiina Sinivalo

9:00–10:00
MEETING
Delegates' meeting
Sibelius Academy, R-510

9:15

9:15–10:00 LECTURE
Alternatives to the Violin Music Canon – Other Finnish Works for Violin
Sibelius Academy, Konserttisali
Mirka Malmi

10:00

10:00–10:30 GENERAL PROGRAMME
Break & Showcase Exhibitors
Sibelius Academy, Pikkusali

10:00–10:30 CONCERT
D'Addario Informal Coffee Concert
Sibelius Academy, R-310 D´Addario room

10:30

10:30–11:30
WORKSHOP
How to apply the Colourstrings Approach to Cello Teaching Using Music from English-speaking countries – a practical session
Sibelius Academy, Kamarimusiikkisali
Maryan Balkwill

10:30–11:15
LECTURE
Estapedia presentation
Sibelius Academy, Konserttisali
Helfried Fister & Kristian Kolman

10:30–11:15 LECTURE
Music and wellbeing
Sibelius Academy, R-510
Outi Linnaranta

10:30–11:15 LECTURE
International Programms for Students to deepen the Understanding of Music as an International Language
Sibelius Academy, R-511
Wolfgang Klos

11:15

11:15–11:30 SESSION
Poster Session Sibelius Academy, R-541: **8 presenters**

Saturday, 29 August, 2026

11:30

11:30–12:30 WORKSHOP
Challenges caused by imagination can be conquered with imagination
Sibelius Academy, Konserttisali
Ben Furman

11:30–12:30 WORKSHOP
From Policy to Practice: Student-Centred Curriculum Design in Instrumental Music Education
Sibelius Academy, R-510
Kaisa J. Vähi

12:00

12:00–12:30 CONCERT
Finnish Contemporary Music for Young Musicians
Sibelius Academy, Kamarimusiikki-sali

12:30

12:30–14:00 GENERAL PROGRAMME
Lunch break & Showcase Exhibitors • Sibelius Academy, Main Lobby & Pikkusali
Light refreshments offered by Larsen, Pirastro, Leatherwood & Arcus-Müsing in Pikkusali

14:00

14:00–15:00 CONCERT
Concerto Grosso – Early Music for All Ages
Sibelius Academy, Konserttisali
Collegium Team

14:00–15:00 WORKSHOP
Build, Layer, Perform: A Modern Guide to Looping String Instruments
Sibelius Academy, Kamarimusiikkisali
Joana Carvalhas

14:00–15:00 WORKSHOP
Principles of movement: Paul Rolland's holistic approach to string playing
Sibelius Academy, R-510
Aaron Jacobs

14:00–14:45 LECTURE
Understanding Multisensory Aphantasia: Neurodiversity in Musical Cognition and Strageties for Teaching
Sibelius Academy, R-511
Neesa Sunar

15:00

15:00–15:30 GENERAL PROGRAMME
Coffee – offered by ESTA Finland & Showcase Exhibitors
Sibelius Academy, Main Lobby & Pikkusali – *Come and have a cup of coffee, mingle with fellow participants and meet the exhibitors*

Saturday, 29 August, 2026

16:00

16:00–16:45
LECTURE
The string quartet in the classroom: inspiring students for classical music and ensemble growth
Sibelius Academy, Konserttisali
Peter Kranjec, Urška Trček Lenarčič, Petra Kravos & Urša Kržič

16:00–17:00
WORKSHOP
How to teach violin technique in duos
Sibelius Academy, Kamarimusiikkisali
Michael Frischenschlager, Christina Duncan & David Kropfitsch

16:00–17:00
WORKSHOP
How to get results without pressure
Sibelius Academy, R-510
Pirkko Simojoki

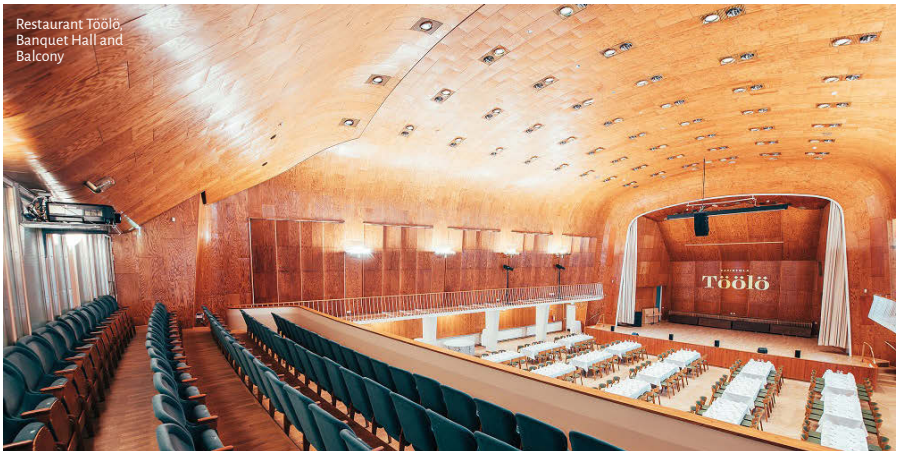
16:00–16:45
LECTURE
From Weaknesses to Improvement: Practice-Based Responses to Common Challenges at the End of High School
Sibelius Academy, R-511
Jorge Alves

18:00

18:00–19:30 CONCERT
FiESTA! OF STRING ORCHESTRAS
Restaurant Töölö
Finnish String Youth Orchestras perform Finnish Music for Strings

19:30

19:30–22:30 GENERAL PROGRAMME
Gala dinner (after the concert)
Restaurant Töölö *(Pre-registration has been required)*



Restaurant Töölö, Banquet Hall and Balcony

Saturday

Saturday, 29 August / 8:30–9:00 SESSION

Gentle movement for the spine

Sibelius Academy, Konserttisali

Sinikka Sorvali



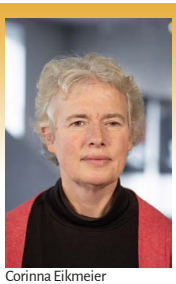
The Saturday morning body maintenance session focuses on bringing gentle movement to the spine and other joints as a counterbalance to the sitting involved in the conference day. The session does not involve strenuous effort, and the movements can be adapted to suit each participant. The exercises are performed standing, but it is also possible to participate seated if needed.

Saturday, 29 August / 9:00–10:00 WORKSHOP

Opening the Instrument – Explorative Perspectives on String Practise

Sibelius Academy, Kamarimusiikkisali

Corinna Eikmeier & Iida-Vilhelmiina Sinivalo



Corinna Eikmeier
Photo: Maximilian Busch



Iida-Vilhelmiina Sinivalo

Saturday, 29 August / 9:15–10:00 LECTURE

Alternatives to the Violin Music Canon – Other Finnish Works for Violin

Sibelius Academy, Konserttisali

Mirka Malmi



Saturday, 29 August / 10:00–10:30 CONCERT

D'Addario Informal Coffee Concert

Sibelius Academy, R-310 D´Addario room

Maureen Yuen & Barış Kerem Bahar:

Around the World with D'Addario



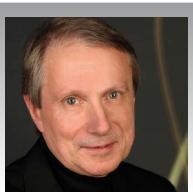


Saturday, 29 August / 10:30–11:15 LECTURE

Estapedia presentation

Sibelius Academy, Konserttisali

Helfried Fister & Kristian Kolman





Saturday, 29 August / 10:30–11:30 WORKSHOP

How to apply the Colourstrings Approach to Cello Teaching Using Music from English-speaking countries – a practical session

Sibelius Academy, Kamarimusiikkisali

Maryan Balkwill

Sponsored with cellos used at the session by www.soitinlaine.fi, www.toonika.fi, www.viulumo.fi, instagram/mutestrings.fi



Saturday, 29 August / 10:30–11:15 LECTURE

Music and wellbeing

Sibelius Academy, R-510

Outi Linnaranta

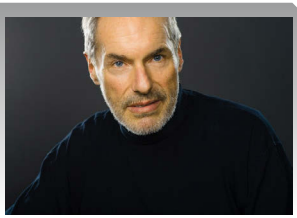


Saturday, 29 August / 10:30–11:15 LECTURE

International Programms for Students to deepen the Under-standing of Music as an International Language

Sibelius Academy, R-511

Wolfgang Klos



Saturday, 29 August / 11:15–11:45 SESSION

Poster Session: Come and see the posters on display!

Sibelius Academy, R-541 (the lecture room, fifth floor)

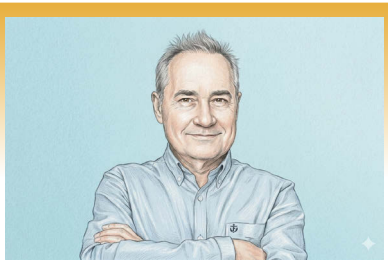
See the 8 presenters on page 25

Saturday, 29 August / 11:30–12:30 WORKSHOP

Challenges caused by imagination can be conquered with imagination

Sibelius Academy, Konserttisali

Ben Furman



Saturday, 29 August / 11:30–12:30 WORKSHOP

From Policy to Practice: Student-Centred Curriculum Design in Instrumental Music Education

Sibelius Academy, R-510

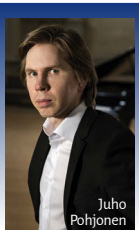
Kaisa J. Vähi



Saturday, 29 August / 12:00–12:30 CONCERT

Finnish Contemporary Music for Young Musicians

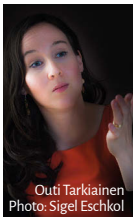
Sibelius Academy, Kamarimusiikkisali

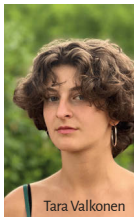

Juho Pohjonen


Teppo Hauta-Aho
Photo: Heikki Kasari


Harri Wessman


Minna Leinonen
Photo: Ville Hautakangas


Outi Tarkiainen
Photo: Sigel Eschkol


Tara Valkonen

Program

Juho Pohjonen (1981-): *Oikku (Whim)* (1998)
Aina Riitakorpi & Jonathan Seppälä, violin (Espoo Music Institute)

Teppo Hauta-aho (1941-2021): *Virtuoosikappale I (A Virtuotic Piecel*, 1985)
Ruben Holopainen, double bass (Juvenilia Music Institute)

Harri Wessman (1949-): *Mirabella's Cello Book* (1991)
I Kellot (The Clocks)
II Mysteeri (A Mystery)
Pinja Knuuti, violoncello & Vilma Hyvärinen, piano (Espoo Music Institute)

Teppo Hauta-aho (1941-2021): *Miniature* (1985)
Hilma Alavuotunki, double bass & Kerttu Alavuotunki, piano, (East Helsinki Music Institute)

Minna Leinonen (1977-): *Knoknok* (2018)
Outi Tarkiainen (1985-): *Vapautensa antanut: Laulu hevoselle (Harnessed: Song for the horse,* 2011); Ellen Herler (Sibelius Academy Youth Department) & Daniel Saks, viola (East Helsinki Music Institute)

Tara Valkonen (1999-): *Play* (2024)
Espoo & Central Helsinki Music Institute cellos

Saturday, 29 August / 14:00–15:00 CONCERT

Concerto Grosso – Early Music for All Ages

Sibelius Academy, Konserttisali

Collegium Team

Program

Marc-Antoine Charpentier (1643-1704):
Te Deum: Prelude

Georg Philipp Telemann (1681-1767):
Les Nations Anciens et Modernes:
1. The ancient Germans; 2. The ancient Danes;
3. Bourrée (Die Baaß Lißabeth)

Henry Purcell (1659-1695): *The Fairy Queen*:
1. If Love's a Sweet Passion; 2. Dance for the Fairies

Jean-Babtiste Lully (1632-1687): *Le Bourgeois Gentilhomme: 1. Deuxieme Air des Espagnoles; 2. Chaconne des Scaramouches, Trivelins et Arlequins; 3. March for the Turkish Ceremony*

Finnish Folk Tune:
Sheep's Polska & Folk Music Variations

Francesco Geminiani (1687-1762): *La Folia*

Minna Kangas & Tiina Aho-Erola, violin;
Kristiina Hirvonen, violoncello

Henry Purcell (1659-1695):
How Great is the Pleasure

Jean- Philippe Rameau (1683-1764):
Les Indes Galantes: The Savages

Collegium Team:
Minna Kangas & Mari Kortelainen, violin; Niklas Mellberg, guitar; Laura Ollberg-Ekman, harpsichord; Ilkka Eronen, recorder; Heikki Rissanen, President of Collegium

Students and teachers from the Music Institutes of Kerava, Hyvinkää, and Central Uusimaa: 1st violin Onerva Maijala, Hertta Puronaho, Ilona Riskala, Veera Hynninen, Svetlana Ulanova, Tilda Virkkala, Enni Virkkala & Michael Chen; **2nd violin** Tiina Aho-Erola, Inkeri Rainio, Pihla Lehtilä, Chalysa Kujala, Vieno Puronaho, Emilia Karhunen, Aada Särkivuori, Alisa Panamarova, Irina Kim & Eeva Leppälä; **3rd violin** Johanna Ellenberg-Haapaniemi, Pauliina Raninen, Aada Saari & Ilona Koskikuru; **Viola** Marja Jukkola, Siena Mast, Janina Haapala, Miisa Juntunen, Pihla Penttinen & Aarne Tomi; **Violoncello** Kristiina Hirvonen, Aadel Peltomäki, Elias Halkola, Väinö Repo & Kerttu Voutilainen; **Double bass** Oula Viikilä & Eeli Törmälä; **Superviolin** Alma Eriksson, Rebecca Routti & Anna Rainio; **Supercello** Elias Lumme, Isak Kyllinen & Iisa Seppänen; **Harpsichord** Elisa Järvi, Tiina Laitila & Jari Kantomäki

Collegium's Senior Baroque Players:
Harri Savolainen, recorder; Solja Kievari, Irina Furman, Heidi Kajander & Heikki Rissanen, flute; Antti Ruuskanen, violin; Annika Helasvuo, violoncello; Hannele Simola, viola da gamba; Seppo Kievari, guitar; Kuisma Savisalo & Maaret Koskenkorva, harpsichord

Students of Early Music Department in Sibelius Academy: Eerika Perkkiö, flute; Kerttu Koivukoski, recorder; Orión Arroyo Perez, Roope Jokinen & Valtteri Tolppi, violin; Daniel Kivivuori, violoncello



Saturday, 29 August / 14:00–15:00 WORKSHOP

Build, Layer, Perform: A Modern Guide to Looping String Instruments

Sibelius Academy, Kamarimusiikkisali

Joana Carvalhas



Saturday, 29 August / 14:00–15:00 WORKSHOP

Principles of movement: Paul Rolland's holistic approach to string playing

Sibelius Academy, R-510

Aaron Jacobs

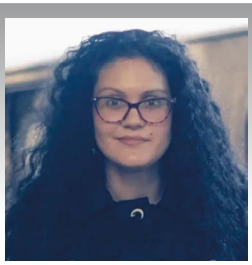


Saturday, 29 August / 14:00–14:45 LECTURE

Understanding Multisensory Aphantasia: Neurodiversity in Musical Cognition and Strageties for Teaching

Sibelius Academy, R-511

Neesa Sunar



Saturday, 29 August / 16:00–16:45 LECTURE

The string quartet in the classroom: inspiring students for classical music and ensemble growth

Sibelius Academy, Konserttisali

Peter Kranjec,
Urška Trček Lenarčič,
Petra Kravos & Urša Kržič

Instruments at the session sponsored by Soitin Laine, www.soitinlaine.fi



Al Fine Quartet: Peter Kranjec (vla), Urška Trček Lenarčič, (vl1) Petra Kravos (vl2), & Urša Kržič (vlc)

Saturday, 29 August / 16:00–17:00 WORKSHOP

How to teach violin technique in duos

Sibelius Academy, Kamarimusiikkisali

Michael Frischenschlager, Christina Duncan & David Kropfitsch



Saturday, 29 August / 16:00–17:00 WORKSHOP

How to get results without pressure

Sibelius Academy, R-510

Pirkko Simojoki



Saturday, 29 August / 16:00–16:45 LECTURE

From Weaknesses to Improvement: Practice-Based Responses to Common Challenges at the End of High School

Sibelius Academy, R-511

Jorge Alves



Aerial view of the Parliament Building (center), with the Helsinki Conservatory building (currently the Sibelius Academy) on its left and the National Museum tower rising on the right. Photo: Helsinki City Museum, year of photography unknown.



Saturday, 29 August / 18:00–19:30 CONCERT

FiESTA! OF STRING ORCHESTRAS

Restaurant Töölö

Finnish String Youth Orchestras perform Finnish Music for Strings

Venue: *Restaurant Töölö, Runeberginkatu 14-16. Located at 8 minutes walk from the conference venue. Admission to concert by showing you event badge!*

Works from Einojuhani Rautavaara, Leevi Madetoja, Erkki Salmenhaara, Uuno Klami, Toivo Kuula and Jean Sibelius. Last two pieces will be conducted by the President of ESTA International **Géza Szilvay**!

On stage over 200 performers from more than 10 music institutes across Finland!

Program

Einojuhani Rautavaara (1928-2016): *Divertimento: 1st Movement (Allegro)*
The Helsinki Children's Strings, cond. Tarja Nyberg, East Helsinki Music Institute

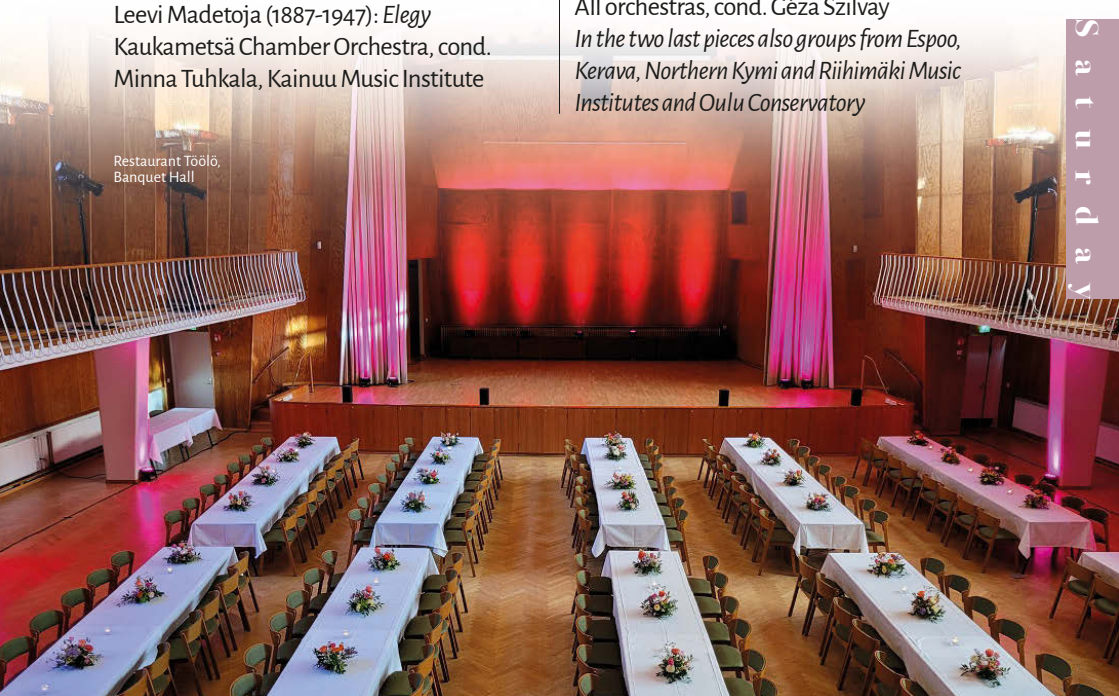
Leevi Madetoja (1887-1947): *Elegy*
Kaukametsä Chamber Orchestra, cond. Minna Tuhkala, Kainuu Music Institute

Erkki Salmenhaara (1941-2002): *Poema per violincello ed orchestra d'archi* (1975)
Nurmijärvi & Middle-Helsinki Music Institutes, cond. Tuomas Rousi, conductor; Veikko Aarnio, violoncello

Jukka-Pekka Lehto (1958-2026): *Hot tango* (1997, arr. 2026); Palmgren Conservatory String Orchestra, cond. Minna Litmanen

Einojuhani Rautavaara (1928-2016): *Suite for Strings: 1. Presto; 2. Andante; 3. Vivace assai (alla giga)*
Ahti Sonninen (1914-1984): *Canto* (feat. Marko Ylönen, violoncello); Helsinki Strings, cond. Janne Nisonen, East Helsinki Music Institute

Toivo Kuula (1883-1918): *Chanson sans paroles*
Jean Sibelius (1865-1957): *Andante festivo*
All orchestras, cond. Géza Szilvay
In the two last pieces also groups from Espoo, Kerava, Northern Kymi and Riihimäki Music Institutes and Oulu Conservatory



Restaurant Töölö, Banquet Hall



LARSEN STRINGS

Empowering Musical Journeys

Visit the Larsen Strings booth and discover how the right strings can optimise sound, response and performance.

Lecture: Thursday 28 August | 10:30 | Concert Hall

Join Dr Thomas Zwieg for insights into how strings, instruments and other factors work together to shape tone and response. *And how you can improve!*

Book a String Advisory Session

Meet with Dr Thomas Zwieg for personalised advice on string selection and sound optimisation.

Booking form

LARSEN STRINGS
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Quality defined.
Continually refined.
Raúl Emiliani
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eastmanstrings.com

Sunday, 30 August, 2026

8:30

8:30–9:00 SESSION
Alexander technique
Sibelius Academy, Konserttisali
Maija Sinisalo

9:10

9:10–9:55
LECTURE
The inexplicable in string teaching
Sibelius Academy, Konserttisali
Corinna Eikmeier

9:15

9:15–10:00
LECTURE
Integrating Neuroscience, Psychology and Sociology in the Violin Classroom
Sibelius Academy, Kamarimusiikkisali
Grazyna Zeranska-Gebert

9:15–10:00
LECTURE
Nordic colors: a viola journey into Erkki Melartin's miniatures
Sibelius Academy, R-511
Johanna Leponiemi

9:15–10:15
WORKSHOP
Exploring the String Chorale Concept: Developing String Ensembles That Truly Sing
Sibelius Academy, R-510
Jeanne Porcino Dolamore

10:05

10:05–10:50
LECTURE
Towards joyful performance – how to coach young students as performers
Sibelius Academy, Konserttisali
Päivi Arjas

10:15

10:15–11:00
LECTURE
Violin Factory; Instrument Design for Entry-level group lessons
Sibelius Academy, R-511
Rinske Bosma

10:15–11:15
LECTURE
Auditory learning and Embodied Listening as Pathways to Understanding Tradition
Sibelius Academy, Kamarimusiikkisali
Emilia Lajunen & Hanna Ryynänen

10:30

10:30–11:30
WORKSHOP
Inquiry-Based Learning: Student Agents, Teacher Facilitators
Sibelius Academy, R-510
Amie Robin Weiss

11:00

11:00–11:30 CONCERT
Slovenian Fiddle Tradition – Where North Meets South
Sibelius Academy, Konserttisali
Slovenian Fiddle Connection

11:15

11:15–12:00 LECTURE
Moving Intonation – Approaches to Intonation Work in String Quartet Playing
Sibelius Academy, R-511
Vitor Vieira

11:15–11:45
SESSION
Poster Session
Sibelius Academy, R-541
8 presenters

Sunday

Sunday, 30 August, 2026

11:30

11:30–12:30 PANEL DISCUSSION
Introducing the ESTA Folk: "Folk Music in Classical Music Education"
Sibelius Academy, Konserttisali
Vilma Timonen (moderator), Mauno Järvelä, Bojan Cvetreznik, Emilia Lajunen, Tiina Aho-Erola, Alina Kivivuori & Viive Virtanen (student)
In association with: ESTA Folk

11:15–12:00 LECTURE
Moving Intonation – Approaches to Intonation Work in String Quartet Playing
Sibelius Academy, R-511
Vitor Vieira

11:15–11:45 SESSION
Poster Session Sibelius Academy, R-541

11:45

11:45–12:30 LECTURE
The Sensory World of the Musician: Neuro-science, Embodied Cognition and Pedagogical Implications for String Performance
Sibelius Academy, R-510
Anthony Mangiacotti

12:00

12:00–12:30 CONCERT
Moment of Finnish Music with Young Students from SibA
Sibelius Academy, Kamarimusiikkisali

12:45

12:45–13:15 CONCERT
Passing "the Olympic torch" from Helsinki to Ljubljana
Sibelius Academy, Konserttisali
Jôkubas Švambaris & Kaija Saarikettu, violin
String students & alumni of Sibelius Academy, cond. Elisar Riddelin

13:15

13:15–14:00 GENERAL PROGRAMME
Lunch break & Showcase Exhibitors • Sibelius Academy, Main Lobby & Pikkusali
Light refreshments offered by Larsen, Pirastro, Leatherwood & Arcus-Müsing in Pikkusali

14:00

14:00–15:00 WORKSHOP
NÄPPÄRIT – Folk Music based pedagogy
Sibelius Academy, Konserttisali
Alina Kivivuori, Siiri Virkkala & Elina Havia

14:00–15:00 WORKSHOP
Embodied Freedom in String Teaching: The Core Principles of the Havas New Approach in Practice
Sibelius Academy, Kamarimusiikkisali
Gerianne Wigboldus

14:00–15:00 WORKSHOP
Scales as Duets for Violin, Viola and Cello
Sibelius Academy, R-510
Lauri Hämäläinen

14:00–14:45 LECTURE
Thinking fast and slow on the jury: why great musicians make flawed judges — and how string teachers can reduce bias
Sibelius Academy, R-511
Gal Faganel

Sunday

Sunday, 30 August, 2026

15:00

15:00–15:30 GENERAL PROGRAMME

FAREWELL RECEPTION & Coffee

Sibelius Academy, Lobby of Konserttisali

Time to say goodbye – we hope you had a great conference!

3.5-hour break in content

19:00

19:00–21:00 CONCERT

Symphonic Enthusiasm

Temppeliaukio Church

Jussi Huuska & Riku Huuska, violin
Käpylä, Juvenalia & Dortmund Jugend Filharmoni, cond. Achim Fiedler

Cooperation concert of Three Music Institutes



Temppeliaukio Church interior. Designed by architect brothers Timo and Tuomo Suomalainen, the church was carved directly into solid rock and opened in 1969.

Sunday, 30 August / 8:30–9:00 SESSION

Alexander technique

Sibelius Academy, Konserttisali

Maija Sinisalo



During the workshop, Maija will introduce some of the key principles and tools of the Alexander Technique, together with simple embodied exercises designed to support greater presence and awareness while listening to another person. The exercises are gentle and accessible to everyone, and no special clothing is required. Welcome!

Sunday, 30 August / 9:10–9:55 LECTURE

The inexplicable in string teaching

Sibelius Academy, Konserttisali

Corinna Eikmeier



Sunday, 30 August / 9:15–10:00 LECTURE

Integrating Neuroscience, Psychology and Sociology in the Violin Classroom

Sibelius Academy, Kamarimusiikkisali

Grazyna Zeranska-Gebert



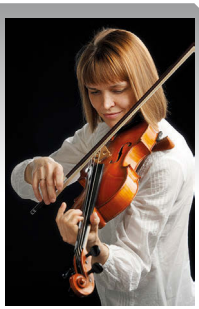
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Nordic colors: a viola journey into Erkki Melartin's miniatures

Sibelius Academy, R-511

Johanna Leponiemi





Erkki Melartin (1875–1937)

Sunday, 30 August / 9:15–10:15 WORKSHOP

Exploring the String Chorale Concept: Developing String Ensembles That Truly Sing

Sibelius Academy, R-510

Jeanne Porcino Dolamore



Sunday, 30 August / 10:05–10:50 LECTURE

Towards joyful performance – how to coach young students as performers

Sibelius Academy, Konserttisali

Päivi Arjas



Sunday, 30 August / 10:15–11:15 LECTURE

Auditory learning and Embodied Listening as Pathways to Understanding Tradition

Sibelius Academy, Kamarimusiikkisali

Emilia Lajunen & Hanna Ryynänen





Hanna Ryynänen
Photo: Sami Perttilä

Emilia Lajunen
Photo: Maarit Kytöharju

Sunday, 30 August / 10:15–11:00 LECTURE

Violin Factory; Instrument Design for Entry-level group lessons

Sibelius Academy, R-511

Rinske Bosma





Sunday, 30 August / 10:30–11:30 WORKSHOP

Inquiry-Based Learning: Student Agents, Teacher Facilitators

Sibelius Academy, R-510

Amie Robin Weiss



Sunday, 30 August / 11:00–11:30 CONCERT

Slovenian Fiddle Tradition – Where North Meets South

Sibelius Academy, Konserttisali

Slovenian Fiddle Connection

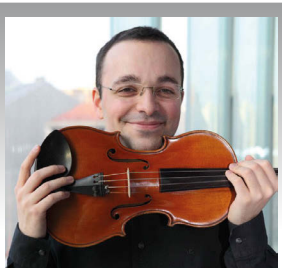


Sunday, 30 August / 11:15–12:00 LECTURE

Moving Intonation – Approaches to Intonation Work in String Quartet Playing

Sibelius Academy, R-511

Vitor Vieira



Sunday, 30 August / 11:15–11:45 SESSION

Poster Session: Come and see the posters on display!

Sibelius Academy, R-541 (the lecture room, fifth floor)

See the 8 presenters on page 25

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Introducing the ESTA Folk: "Folk Music in Classical Music Education"

Sibelius Academy, Konserttisali

Vilma Timonen (moderator), Mauno Järvelä, Bojan Cvetreznik, Emilia Lajunen, Tiina Aho-Erola, Alina Kivivuori & Viive Virtanen (student)

In association with: ESTA Folk



Vilma Timonen

Sunday, 30 August / 11:45–12:30 LECTURE

The Sensory World of the Musician: Neuro-science, Embodied Cognition and Pedagogical Implications for String Performance

Sibelius Academy, R-510

Anthony Mangiacotti



Sunday, 30 August / 12:00–12:30 CONCERT

Moment of Finnish Music with Young Students from SibA

Sibelius Academy, Kamarimusiikkisali

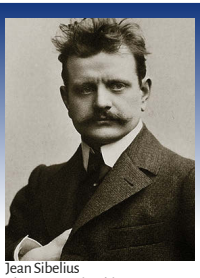
Program

Jean Sibelius (1865-1957): *Rondo in D minor* – Kaisa Setälä, viola; Folke Gräsbeck, piano

Magnus Lindberg (1958-): *Partia, part 1: Symphony* – Akseli Rudin, violoncello

Teppo Hauta-aho (1941-2021): *Kadenza for Double Bass Solo* – Erik Ehrström, double bass

Riikka Talvitie (1970-): *Golden Cradle for Violin Solo* (2015) – Vilma Tikkanen, violin



Jean Sibelius
Photo: Daniel Nyblin



Riikka Talvitie
Photo: Saara Vuorjoki



Magnus Lindberg
Photo: Saara Vuorjoki



Teppo Hauta-Aho
Photo: Heikki Kasari



Kamarimusiikkisali
(Chamber Music Hall)
at the Sibelius Academy

Sunday, 30 August / 12:45–13:15 CONCERT

Passing "the Olympic torch" from Helsinki to Ljubljana

Sibelius Academy, Konserttisali

Jôkubas Švambaris & Kaija Saarikettu, violin




Kaija Saarikettu


Jôkubas Švambaris


Nenad Firšt


Elisar Riddelin

Program

Kaija Saarikettu (1957-):
Paratiisin lintu & *Luulin lintusen laulavan*
Jôkubas Švambaris & Kaija Saarikettu, violin

Nenad Firšt (1964-):
TOLMUNI – Pools for String orchestra
String students & alumni of
Sibelius Academy, cond. Elisar Riddelin

Sunday, 30 August / 14:00–15:00 WORKSHOP

NÄPPÄRIT – Folk Music based pedagogy

Sibelius Academy, Konserttisali

Alina Kivivuori, Siiri Virkkala & Elina Havia


Alina Kivivuori


Siiri Virkkala

Näppäri pedagogics is a Finnish approach to music education that emphasizes community, inclusivity, and cultural sustainability. By preserving and transmitting local musical traditions, Näppäri helps maintain cultural diversity and living heritage. This aligns with UNESCO's Framework for Culture & Arts Education for integrating local knowledge systems into education and promoting cultural equity.




Elina Havia (Photo: Kalle Niskala)


Näppärit at Kaustinen Folk Music Festival
Photos: Susanna Salokannel (left), Krista Järvelä (down)

Sunday, 30 August / 14:00–15:00 WORKSHOP

Embodied Freedom in String Teaching: The Core Principles of the Havas New Approach in Practice

Sibelius Academy, Kamarimusiikkisali

Gerianne Wigboldus



Sunday, 30 August / 14:00–15:00 WORKSHOP

Scales as Duets for Violin, Viola and Cello

Sibelius Academy, R-510

Lauri Hämäläinen





Sunday, 30 August / 14:00–14:45 LECTURE

Thinking fast and slow on the jury: why great musicians make flawed judges – and how string teachers can reduce bias

Sibelius Academy, R-511

Gal Faganel

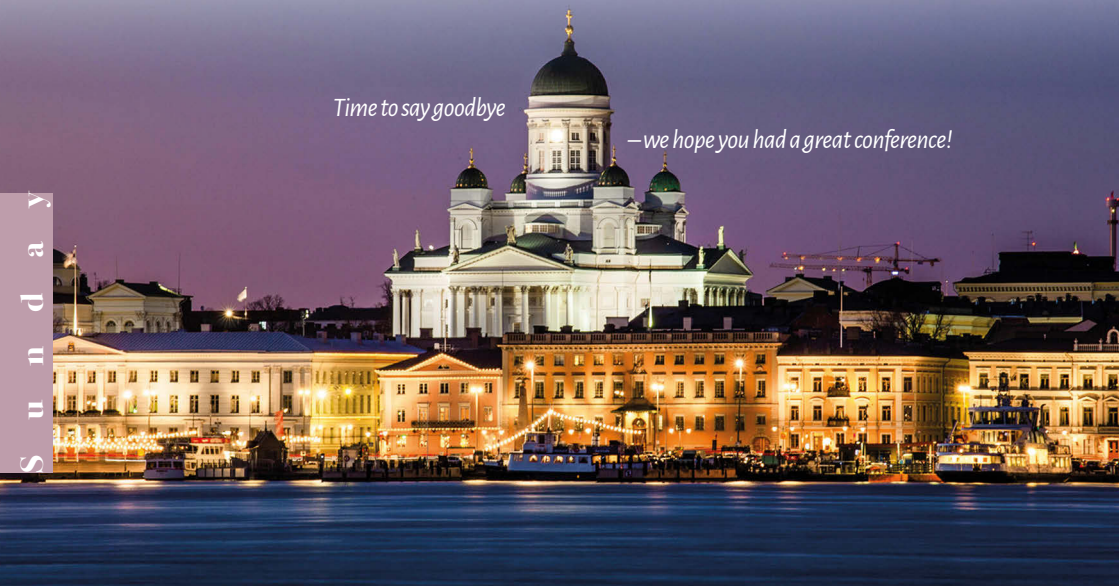


Photo: CindyCarter

Photo: Tapio Haaja

Time to say goodbye

– we hope you had a great conference!



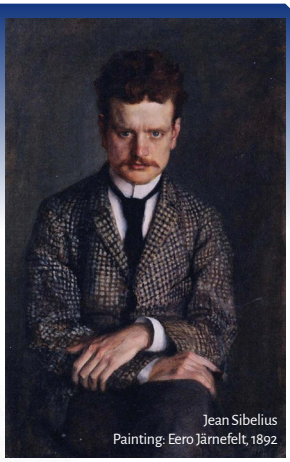
Sunday

Sunday, 30 August / 19:00–21:00 CONCERT

Symphonic Enthusiasm

Temppeliaukio Church

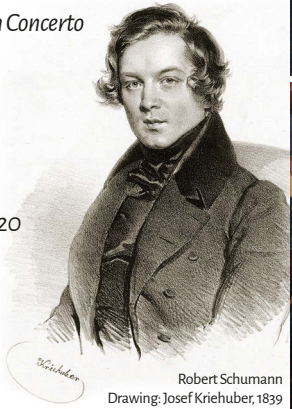
Jussi Huuska & Riku Huuska, violin Käpylä, Juvenalia & Dortmund Jugend Filharmoni, cond. Achim Fiedler (DE), Ahti Valtonen (FI) & Janne Hanhijärvi (FI)



Jean Sibelius
Painting: Eero Järnefelt, 1892

Program

Jean Sibelius (1865-1957): *Violin Concerto in D minor, Op. 47* (1904/1905)
1. Allegro moderato
2. Adagio di molto
3. Allegro, ma non tanto



Robert Schumann
Drawing: Josef Kriehuber, 1839

Robert Schumann (1810-1856): *Symphony No. 4 in D minor, Op. 120* (1841/1851)
1. Ziemlich langsam – Lebhaft
2. Romanze: Ziemlich langsam
3. Scherzo: Lebhaft
4. Langsam – Lebhaft



Aram Khachaturian
Painting: Martiros Sarian, 1944

Aram Khachaturian (1903-1978): *Sabre Dance* (from the ballet *Gayane*, 1942)

COOPERATION CONCERT OF THREE MUSIC INSTITUTES

Symphonic enthusiasm

SIBELIUS (VIOLIN CONCERT), HATŠATURJAN, SCHUMANN

JOHTAA: ACHIM FIEDLER (DE), AHTI VALTONEN (FI), JANNE HANHIJÄRVI (FI)

TEMPPELIAUKION KIRKKO (ROCKY MOUNTAIN CHURCH)

SUN 30.8.2026 AT 19.00

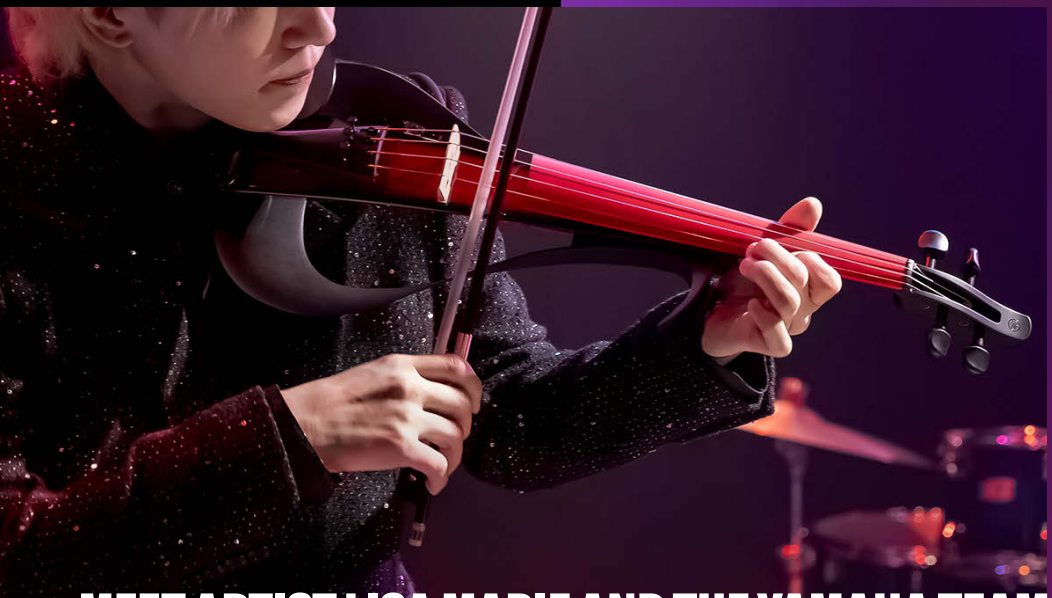


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